




FEBRUARY 2024 ASSISTED LIVING

sunday	monday	tuesday	wednesday	thursday	friday	saturday
	<p>LOCATION Activity Room (AR) Dining Room (DR) MLC Lounge (MLC) Synagogue (S) Weinberg Lounge (WL)</p>			<p>10:15am Keep Fit (AR) ¹ 11:00am Manuel's Music with Brian Flanagan (MLC) 2:15pm Thursday Afternoon Show with Patrizia Coletta (DR) 3:30pm NEW: Discussion Group with Sandy: Current Topics (AR) 6:35pm Netflix Series: Maid - Episode 3 (AR)</p>	<p>2:00pm NEW: Stretch with Sarah Groberman Personal Trainer (AR) ² 2:35pm Friday Afternoon Movie: Mr. Beans Holiday (AR) 2:45pm Tea with Rabbi Stein (DR) 3:30pm Services (S) 4:55pm Light Candles at 4:52pm</p>	<p>SHABBAT SHALOM ³ This Week's Parsha is Yitro 9:30am Morning Services (S) 6:00pm Shabbat Ends at 5:52pm</p>
<p>10:15am Keep Fit (AR) ⁴ 11:00am Meditation (AR) 2:15pm A Gift of Music with Lester Soo (DR) 3:30pm NEW: Wii Games (AR) 6:35pm NEW: Netflix Series: Fool me Once - Episode 1 (AR)</p>	<p>10:15am Keep Fit (AR) ⁵ 11:00am Invitation to Judaism with Chaplain Rob (AR) 2:00pm Paint and Sip (AR) 3:00pm Program Planning Meeting (AR) 6:35pm Movie Night: Lion (AR)</p>	<p>10:15am Keep Fit (AR) ⁶ 11:00am Music in the Morning with Music Variations (MLC) 1:00pm Food Meeting with WestCana (AR) 2:00pm Bingo (AR) 3:30pm NEW: Parkinson's presentation by Kelly Felgenhauer from Parkinson Society (AR) 6:35pm Movie Night: Elvis (AR)</p>	<p>Round the World: China ⁷ 10:15am Keep Fit (AR) 11:00am Current Events with Pat Johnson (AR) 2:00pm Bingo (AR) 3:30pm Sing Along with Trish (WL) 4:00pm Unleash the Dragon Happy Hour - Wear Red (WL) 5:30pm Chinese New Year Dinner (DR) 6:35pm Movie Night: Crouching Tiger, Hidden Dragon: Sword of Destiny (AR)</p>	<p>10:15am Keep Fit (AR) ⁸ 11:00am Manuel's Music with Roberto Risman (MLC) 2:15pm Thursday Afternoon Show with Bob Collins (DR) 3:30pm NEW: Discussion Group with Sandy: Current Topics (AR) 6:35pm Netflix Series: Maid - Episode 4 (AR)</p>	<p>10:15am Qigong with John Weiss (AR) ⁹ 1:30pm NEW: Musical Concert with Cantor Shani Cohen and Wendy Bross Stuart (DR) 2:35pm Friday Afternoon Movie: Penguin Bloom (AR) 3:30pm Services (S) 5:05pm Light Candles at 5:04pm</p>	<p>SHABBAT SHALOM ¹⁰ This Week's Parsha is Mishpatim 9:30am Morning Services (S) 6:05pm Shabbat Ends at 6:03pm</p>
<p>10:15am Keep Fit (AR) ¹¹ 11:00am Meditation (AR) 2:15pm A Gift of Music with Brian Flanagan (DR) 3:45pm Superbowl Sunday (AR) 6:35pm NEW: Netflix Series: Fool me Once - Episode 2 (AR)</p>	<p>10:15am Keep Fit (AR) ¹² 11:00am Spiritual Music with Chaplain Rob (DR) 2:00pm Paint and Sip (AR) 6:35pm Movie Night: Top Gun Maverick (AR)</p>	<p>10:15am Keep Fit (AR) ¹³ 11:00am Music in the Morning with Saul Berson (MLC) 1:00pm Food Meeting with WestCana (AR) 2:00pm Bingo (AR) 6:35pm Movie Night: The Hill (AR) 7:30pm Weinberg Sponsors Jewish Book Festival: "Night Travelers" by Armando Lucas Correa</p>	<p>10:15am Keep Fit (AR) ¹⁴ 2:00pm Bingo (AR) 3:30pm Sing Along with Trish (WL) 4:00pm Happy Hour (WL) 6:35pm Documentary Night: Mission: Joy - Finding Happiness in Troubled Times (AR)</p>	<p>10:15am Keep Fit (AR) ¹⁵ 11:00am Manuel's Music with John Gilliat (MLC) 2:15pm Thursday Afternoon Show with Lester Soo (DR) 3:30pm NEW: Discussion Group with Sandy: Current Topics (AR) 6:35pm Netflix Series: Maid - Episode 5 (AR)</p>	<p>10:15am Qigong with John Weiss (AR) ¹⁶ 2:35pm Friday Afternoon Movie: The Intern (AR) 3:30pm Services (S) 5:15pm Light Candles at 5:16pm</p>	<p>SHABBAT SHALOM ¹⁷ This Week's Parsha is Terumah 9:30am Morning Services (S) 6:15pm Shabbat Ends at 6:14pm</p>
<p>10:15am Keep Fit (AR) ¹⁸ 11:00am Meditation (AR) 2:15pm A Gift of Music with Saul Berson (DR) 3:30pm NEW: Wii Games (AR) 6:35pm NEW: Netflix Series: Fool me Once - Episode 3 (AR)</p>	<p>HAPPY FAMILY DAY ¹⁹ Sandy Off Today Statutory Holiday 10:15am Keep Fit Video (AR) 11:00am A Little Aloud with Marsha Simmons (AR) 2:00pm Afternoon Movie: Queen Bees (AR) 6:35pm Movie Night: Queen Bees (AR)</p>	<p>10:15am Keep Fit (AR) ²⁰ 11:00am Music in the Morning with Michelle Carlisle (MLC) 1:00pm Food Meeting with WestCana (AR) 2:00pm Bingo (AR) 3:00pm NEW: Random Acts Of Kindness Card Making (AR) 6:45pm Movie Night: Society of the Snow (AR)</p>	<p>10:15am Keep Fit (AR) ²¹ 11:00am Current Events with Pat Johnson (AR) 2:00pm Bingo (AR) 3:30pm Sing Along with Trish (WL) 4:00pm Spread Some Kindness Happy Hour (WL) 6:35pm Documentary Night: Kiss the Ground (AR)</p>	<p>10:15am Keep Fit (AR) ²² 11:00am Manuel's Music with Gustavo Herrera (MLC) 2:15pm Thursday Afternoon Show with Dale Nichols (DR) 3:30pm NEW: Discussion Group with Sandy: Current Topics (AR) 6:35pm Netflix Series: Maid - Episode 6 (AR)</p>	<p>10:15am Qigong with John Weiss (AR) ²³ 2:35pm Friday Afternoon Movie: True Spirit (AR) 3:30pm Services (S) 5:30pm Light Candles at 5:27pm</p>	<p>SHABBAT SHALOM ²⁴ This Week's Parsha is Tetzaveh 9:30am Morning Services (S) 6:30pm Shabbat Ends at 6:25pm</p>
<p>10:15am Keep Fit (AR) ²⁵ 11:00am Meditation (AR) 2:15pm A Gift of Music with Michelle Carlisle (DR) 3:30pm NEW: Wii Games (AR) 6:35pm NEW: Netflix Series: Fool me Once - Episode 4 (AR)</p>	<p>10:15am Keep Fit (AR) ²⁶ 11:00am Spiritual Music with Chaplain Rob (DR) 2:00pm Paint and Sip (AR) 6:35pm Movie Night: The Proposal (AR)</p>	<p>10:15am Keep Fit (AR) ²⁷ 11:00am Music in the Morning with Rob Sproviero (MLC) 1:00pm Food Meeting with WestCana (AR) 2:00pm Bingo (AR) 6:45pm Movie Night: Ladies in Black (AR)</p>	<p>ANTI-BULLYING DAY (PINK SHIRT DAY) ²⁸ 10:15am Keep Fit (AR) 11:00am Gordon Cherry Presents: Daniel Barenboim - The Emperor of the Keyboard (AR) 2:00pm Bingo (AR) 3:30pm Sing Along with Trish (WL) 4:00pm Lets Get PINKED - Happy Hour (WL) 6:35pm Movie Night: Bank of Dave (AR)</p>	<p>HAPPY LEAP DAY ²⁹ 10:15am Keep Fit (AR) 11:00am Manuel's Music with Patrizia Colleta (MLC) 2:15pm Monthly Birthday Party with The Beauty Shop Dolls (DR) 3:30pm NEW: Discussion Group with Sandy: Current Topics (AR) 6:35pm Netflix Series: Maid - Episode 7 (AR)</p>		

