


# APRIL 2024 ASSISTED LIVING

sunday	monday	tuesday	wednesday	thursday	friday	saturday
	<p><b>Sandy Off Today</b> <b>Statutory Holiday</b> 10:15am <b>Keep Fit Video (AR)</b> 11:00am <b>Brain Teasers - See Reception (WL)</b> 2:35pm <b>Afternoon Movie: Father Stu (AR)</b> 6:35pm <b>Movie Night: Father Stu (AR)</b></p>	<p>10:15am <b>Keep Fit (AR)</b> 11:00am <b>Music in the Morning with Michelle Carlisle (MLC)</b> 1:00pm <b>Food Meeting with WestCana (AR)</b> 2:00pm <b>Bingo (AR)</b> 3:00pm <b>Program Planning Meeting (AR)</b> 6:35pm <b>Movie Night: The Meyerowitz Stories (AR)</b></p>	<p>10:15am <b>Keep Fit (AR)</b> 11:00am <b>Current Events with Pat Johnson (AR)</b> 2:00pm <b>Bingo (AR)</b> 3:30pm <b>Sing Along with Trish (WL)</b> 4:00pm <b>Happy Hour (WL)</b> 6:35pm <b>Documentary Night: Icarus (AR)</b></p>	<p><b>JEWISH FILM FESTIVAL BEGINS</b> 10:15am <b>Keep Fit (AR)</b> 11:00am <b>Manuel's Music with Brian Flanagan (MLC)</b> 2:15pm <b>Thursday Afternoon Show with Blue Lasso (DR)</b> 4:00pm <b>Discussion Group with Sandy: Current Topics (AR)</b> 6:35pm <b>NEW Netflix Series: From Scratch Season 1 Episode 1 (AR)</b></p>	<p>10:30am <b>Stretch with Sarah Groberman Personal Trainer (AR)</b> 1:30pm <b>Friday Afternoon Movie: Downsizing (AR)</b> 3:30pm <b>Services (S)</b> 7:35pm <b>Light Candles at 7:33pm</b></p>	<p><b>SHABBAT SHALOM</b> <b>This Week's Parsha is Shemini</b> 9:30am <b>Morning Services (S)</b> 8:30pm <b>Shabbat Ends at 8:32pm</b></p>
<p>10:15am <b>Keep Fit (AR)</b> 11:00am <b>Meditation (AR)</b> 1:00pm <b>Bingo (AR)</b> 2:15pm <b>A Gift of Music with Saul Berson (DR)</b> 3:30pm <b>Wii Games (AR)</b> 4:00pm <b>NEW: Group Walks (WL)</b> 6:35pm <b>NEW Netflix Series: Northern Rescue Season 1 Episode 1 (AR)</b></p>	<p>10:15am <b>Keep Fit (AR)</b> 11:00am <b>Spiritual Music with Chaplain Rob (DR)</b> 1:30pm <b>NEW: OWL Rehabilitation Society presents- Birds Of Prey (AR)</b> 2:15pm <b>Beth Israel Tea with Rabbi Stein (LB)</b> 3:00pm <b>Bingo (AR)</b> 6:35pm <b>Movie Night: Infinite Storm (AR)</b></p>	<p>10:15am <b>Keep Fit (AR)</b> 11:00am <b>Gordon Cherry Presents: Danny Kaye the "Jewish Joker". (AR)</b> 11:00am <b>Music in the Morning with Rob Sproviero (MLC)</b> 1:00pm <b>Food Meeting with WestCana (AR)</b> 2:00pm <b>NEW: Oxford History graduate David Darling Presents: "Natural Resources" (AR)</b> 6:35pm <b>Movie Night: Chef (AR)</b></p>	<p>10:15am <b>Keep Fit (AR)</b> 11:00am <b>NEW: Baking with Sandy: Passover Coconut-Almond Thumbprint Macaroons (MLC)</b> 2:00pm <b>Bingo (AR)</b> 3:30pm <b>Sing Along with Trish (WL)</b> 4:00pm <b>Happy Hour (WL)</b> 6:35pm <b>Documentary Night: Einstein and the Bomb (AR)</b></p>	<p>10:15am <b>Keep Fit (AR)</b> 11:00am <b>A Little Aloud with Marsha Simmons (AR)</b> 11:00am <b>Manuel's Music with John Gilliat (MLC)</b> 12:15pm <b>Jewish Film Festival Outing: "Rose" at Fifth Avenue Cinemas (WL)</b> 4:00pm <b>Discussion Group with Sandy: Current Topics (AR)</b> 6:35pm <b>NEW Netflix Series: From Scratch Season 1 Episode 2 (AR)</b></p>	<p>10:15am <b>Qigong with John Weiss (AR)</b> 1:30pm <b>Friday Afternoon Movie: Peanut Butter Falcon (AR)</b> 3:30pm <b>Services (S)</b> 7:45pm <b>Light Candles at 7:44pm</b></p>	<p><b>SHABBAT SHALOM</b> <b>This Week's Parsha is Tazria</b> 9:30am <b>Morning Services (S)</b> 8:45pm <b>Shabbat Ends at 8:43pm</b></p>
<p>10:15am <b>Keep Fit (AR)</b> 11:00am <b>Meditation (AR)</b> 2:15pm <b>A Gift of Music Michelle Carlisle (DR)</b> 3:30pm <b>Wii Games (AR)</b> 4:00pm <b>NEW: Group Walks (WL)</b> 6:35pm <b>NEW Netflix Series: Northern Rescue Season 1 Episode 2 (AR)</b></p>	<p>10:15am <b>Keep Fit (AR)</b> 11:00am <b>NEW: Fashion Historian Iven Sayers Presents: "History Of Women's Fashions in the 20th Century" (AR)</b> 2:00pm <b>NEW: RAPS Regional Animal Protection Agency Visit with a few furry friends (AR)</b> 6:35pm <b>Movie Night: The Abyss (AR)</b></p>	<p>10:15am <b>Keep Fit (AR)</b> 11:00am <b>Music in the Morning with Mark Hoepfner (MLC)</b> 1:00pm <b>Food Meeting with WestCana (AR)</b> 2:00pm <b>Bingo (AR)</b> 3:15pm <b>Resident Council Meeting (DR)</b> 6:35pm <b>Movie: La Bamba (AR)</b></p>	<p>10:15am <b>Keep Fit (AR)</b> 11:00am <b>Current Events with Pat Johnson (AR)</b> 2:00pm <b>Bingo (AR)</b> 4:00pm <b>Happy Hour (WL)</b> 6:35pm <b>Documentary Night: The Other Shore (AR)</b></p>	<p>10:00am <b>Temple Sholom Tea with Cantor Shani Cohen (LB)</b> 10:15am <b>Keep Fit (AR)</b> 11:00am <b>Manuel's Music with Saul Berson (MLC)</b> 11:30am <b>NEW: CHIC COUTURE Fashions: Mobile fashion boutique (AR)</b> 2:15pm <b>Thursday Afternoon Show with Ronald Stat (DR)</b> 4:00pm <b>Discussion Group with Sandy: Current Topics (AR)</b> 6:35pm <b>NEW Netflix Series: From Scratch Season 1 Episode 3 (AR)</b></p>	<p>10:15am <b>Qigong with John Weiss (AR)</b> 1:30pm <b>Friday Afternoon Movie: Somethings Gotta Give (AR)</b> 3:30pm <b>Services (S)</b> 7:50pm <b>Light Candles at 7:54pm</b></p>	<p><b>SHABBAT SHALOM</b> <b>This Week's Parsha is Metzora</b> 9:30am <b>Morning Services (S)</b> 8:55pm <b>Shabbat Ends at 8:55pm</b></p>
<p>10:15am <b>Keep Fit (AR)</b> 11:00am <b>Meditation (AR)</b> 1:00pm <b>DIY: Earth Day Tree Branch Bird Art (AR)</b> 2:15pm <b>A Gift of Music with Bob Collins (DR)</b> 3:30pm <b>Wii Games (AR)</b> 4:00pm <b>NEW: Group Walks (WL)</b> 6:35pm <b>NEW Netflix Series: Northern Rescue Season 1 Episode 3 (AR)</b></p>	<p><b>EREV PASSOVER</b> <b>Eve of Passover</b> <b>Yom Tov begins at 7:37pm</b> 10:15am <b>Keep Fit (AR)</b> 11:00am <b>Invitation to Judaism - Passover special with Chaplain Rob (AR)</b> 2:00pm <b>NEW: Easy Allied Health Kinesiologist Diana Allaire presents "Fall Prevention and Arthritis" (AR)</b> 6:00pm <b>1st Seder with Rachel Worth (DR)</b> 8:00pm <b>Light Candles at 7:59pm</b></p>	<p><b>1st day of Passover</b> <b>Yom Tov - Holy Day</b> <b>Yom Tov Guidelines in Effect All Day</b> 9:30am <b>Passover Services with Chaplain Rob (S)</b> 12:00pm <b>Kiddush (LB)</b> 2:15pm <b>Tea &amp; Chat with Sandy (DR)</b> 4:00pm <b>Group Walk with Sandy (WL)</b> 6:00pm <b>2nd Seder with Rachel Worth (DR)</b> 9:00pm <b>Light candles after 9:00pm</b></p>	<p><b>2nd Day of Passover</b> <b>Yom Tov Guidelines in Effect All Day</b> <b>Yom Tov ends at 9:02pm</b> 9:30am <b>Passover Services with Chaplain Rob (S)</b> 12:00pm <b>Kiddush (LB)</b> 2:15pm <b>Tea &amp; Chat with Sandy (DR)</b> 3:30pm <b>Sing Along with Trish (WL)</b> 4:00pm <b>Group Walk with Sandy (WL)</b></p>	<p><b>1st Intermediate Day of Passover</b> 10:15am <b>Keep Fit (AR)</b> 11:00am <b>Manuel's Music with Brian Flanagan (MLC)</b> 2:15pm <b>Monthly Birthday Party with Caryn Slade (DR)</b> 4:00pm <b>Discussion Group with Sandy: Current Topics (AR)</b> 6:35pm <b>NEW Netflix Series: From Scratch Season 1 Episode 4 (AR)</b></p>	<p><b>2nd Intermediate Day of Passover</b> 10:15am <b>Qigong with John Weiss (AR)</b> 2:30pm <b>Passover Tea with Vanessa (DR)</b> 3:30pm <b>Services (S)</b> 8:05pm <b>Light Candles at 8:05pm</b></p>	<p><b>3rd Intermediate Day of Passover</b> <b>SHABBAT SHALOM</b> 9:30am <b>Morning Services (S)</b> 12:00pm <b>Kiddush (LB)</b> 9:05pm <b>Shabbat Ends at 9:07pm</b></p>
<p><b>4th Intermediate Day of Passover</b> 10:15am <b>Keep Fit (AR)</b> 11:00am <b>Meditation (AR)</b> 2:15pm <b>A Gift of Music with Brian Flanagan (DR)</b> 3:30pm <b>Wii Games (AR)</b> 4:00pm <b>NEW: Group Walks (WL)</b> 6:35pm <b>NEW Netflix Series: Northern Rescue Season 1 Episode 4 (AR)</b> 8:10pm <b>Light Candles at 8:08pm</b></p>	<p><b>7th Day of Passover</b> <b>Yom Tov - Holy Day</b> <b>Yom Tov Guidelines in Effect All Day</b> 9:30am <b>Passover Services with Chaplain Rob (S)</b> 12:00pm <b>Kiddush (LB)</b> 3:30pm <b>Group Walk with Sandy (WL)</b> 9:10pm <b>Light candles after 9:10pm</b></p>	<p><b>8th Day of Passover</b> <b>Yizkor</b> <b>Yom Tov Guidelines in Effect All Day</b> <b>Yom Tov ends at 9:12pm</b> 9:30am <b>Passover Services with Chaplain Rob (S)</b> 10:30am <b>Yizkor Services (S)</b> 12:00pm <b>Kiddush (LB)</b> 2:15pm <b>Tea &amp; Chat with Sandy (DR)</b> 3:30pm <b>Group Walk with Sandy (WL)</b></p>	<p><b>LOCATION</b> <b>Activity Room (AR)</b> <b>Dining Room (DR)</b> <b>LB (LB)</b> <b>LB Homeseide Lounge (LB)</b> <b>MLC (MLC)</b> <b>Synagogue (S)</b> <b>Weinberg Lobby (WL)</b> <b>Weinberg Lounge (WL)</b> <b>Weinberg reception (WL)</b></p>	