




JULY 2024 MULTI-LEVEL CARE

sunday	monday	tuesday	wednesday	thursday	friday	saturday
 <p>THE WEINBERG RESIDENCE</p>	<p>CANADA DAY ¹ Canada Day Quiz (See Reception) Sandy Off Today Statutory Holiday 1:45pm Afternoon Movie (MLC)</p>	<p>Rachel Worth in today ² 10:00am One on One Fitness (MLC G) 11:00am Music in the Morning with Luke Sandford (MLC) 1:30pm Hearts of Music - iPad (MLC) 2:00pm Bingo (AR) 2:30pm Afternoon Video (MLC) 3:00pm Food Meeting with WestCana (MLC) 3:30pm Afternoon Music with Trish (MLC)</p>	<p>Rachel Worth in today ³ 10:30am One on One Fitness (MLC G) 11:15am Movement to Music (MLC G) 2:00pm Bingo (AR) 3:30pm Sing Along with Trish (WL) 4:00pm Netflix Series: Planet Earth (MLC)</p>	<p>Rachel Worth in today ⁴ 10:15am One on One Fitness (MLC G) 11:00am Manuel's Music with Barry Wilson (MLC) 2:15pm Thursday Afternoon Show with Koan Music (DR)</p>	<p>10:00am One on One Fitness (MLC G) 11:00am Shabbat Music (MLC) 3:30pm Services (S) 4:00pm Shabbat Melodies and Candle Lighting (MLC) 9:00pm Light Candles at 9:01pm</p>	<p>SHABBAT SHALOM ⁶ This Week's Parsha is Korach 9:30am Morning Services (S) 10:10pm Shabbat Ends at 10:10pm</p>
<p>WORLD CHOCOLATE DAY ⁷ 11:00am Chocolate Trivia (WL) 2:15pm A Gift of Music with Music Variations (DR) 2:30pm Afternoon Movie (MLC) 4:00pm NEW: Group Walks (WL)</p>	<p>10:30am One on One Fitness (MLC G) ⁸ 11:00am Invitation to Judaism with Chaplain Rob (AR) 11:00am NEW: Recreational Games (MLC) 1:30pm Outing: Bloedel Conservatory (WL) 1:45pm Afternoon Movie (MLC)</p>	<p>10:00am One on One Fitness (MLC G) ⁹ 11:00am Music in the Morning with Nick Apivor (MLC) 1:30pm Hearts of Music - iPad (MLC) 2:00pm Bingo (AR) 2:30pm Afternoon Video (MLC) 3:00pm Food Meeting with WestCana (MLC) 3:30pm Afternoon Music with Trish (MLC)</p>	<p>10:30am One on One Fitness (MLC G) ¹⁰ 11:15am Movement to Music (MLC G) 2:00pm Bingo (AR) 3:30pm Sing Along with Trish (WL) 4:00pm Netflix Series: Planet Earth (MLC)</p>	<p>10:15am One on One Fitness (MLC G) ¹¹ 11:00am Manuel's Music with Allison Berry (MLC) 2:15pm Thursday Afternoon Show with Gustavo Herrera (DR)</p>	<p>ICE CREAM FLOATS DAY ¹² 10:00am One on One Fitness (MLC G) 11:00am Shabbat Music (MLC) 2:00pm Ice Cream Floats with Vanessa (Patio) 3:30pm Services (S) 4:00pm Shabbat Melodies and Candle Lighting (MLC) 9:00pm Light Candles at 8:57pm</p>	<p>SHABBAT SHALOM ¹³ This Week's Parsha is Chukat 9:30am Morning Services (S) 10:05pm Shabbat Ends at 10:04pm</p>
<p>2:00pm A Gift of Music with Melody Chan and Students (DR) ¹⁴ 2:30pm Afternoon Movie (MLC) 4:00pm NEW: Group Walks (WL)</p>	<p>10:30am One on One Fitness (MLC G) ¹⁵ 11:00am NEW: Recreational Games (MLC) 11:00am Spiritual Music with Chaplain Rob (DR) 1:45pm Afternoon Movie (MLC) 6:45pm NEW: Cocktails and Summer Music on the Patio with Saul Berson (Patio)</p>	<p>10:00am One on One Fitness (MLC G) ¹⁶ 11:00am Music in the Morning with Lou Marocco (MLC) 1:30pm Hearts of Music - iPad (MLC) 2:00pm Bingo (AR) 2:30pm Afternoon Video (MLC) 3:00pm Food Meeting with WestCana (MLC) 3:30pm Afternoon Music with Trish (MLC)</p>	<p>BY THE SEA BBQ TODAY ¹⁷ 10:30am One on One Fitness (MLC G) 11:15am Movement to Music (MLC G) 12:00pm BBQ (DR) 2:00pm Bingo (AR) 3:30pm Sing Along with Trish (WL) 4:00pm Netflix Series: Planet Earth (MLC)</p>	<p>10:15am One on One Fitness (MLC G) ¹⁸ 11:00am Manuel's Music with John Gilliat (MLC) 2:15pm Thursday Afternoon Show with Rob Sproviero (DR)</p>	<p>10:00am One on One Fitness (MLC G) ¹⁹ 11:00am Shabbat Music (MLC) 3:30pm Services (S) 4:00pm Shabbat Melodies and Candle Lighting (MLC) 8:50pm Light Candles at 8:50pm</p>	<p>SHABBAT SHALOM ²⁰ This Week's Parsha is Balak 9:30am Morning Services (S) 9:55pm Shabbat Ends at 9:55pm</p>
<p>2:15pm A Gift of Music with Brian Flanagan (DR) ²¹ 2:30pm Afternoon Movie (MLC) 4:00pm NEW: Group Walks (WL)</p>	<p>NATIONAL ICE CREAM DAY ²² 10:30am One on One Fitness (MLC G) 11:00am Invitation to Judaism with Chaplain Rob (AR) 11:00am NEW: Recreational Games (MLC) 1:30pm Outing: La Casa Gelato (WL) 1:45pm Afternoon Movie (MLC)</p>	<p>10:00am One on One Fitness (MLC G) ²³ 11:00am Music in the Morning with Michelle Carlisle (MLC) 1:30pm Hearts of Music - iPad (MLC) 2:00pm Bingo (AR) 2:30pm Afternoon Video (MLC) 3:00pm Food Meeting with WestCana (MLC) 3:30pm Afternoon Music with Trish (MLC)</p>	<p>10:30am One on One Fitness (MLC G) ²⁴ 11:15am Movement to Music (MLC G) 2:00pm Bingo (AR) 3:30pm Sing Along with Trish (WL) 4:00pm Netflix Series: Planet Earth (MLC)</p>	<p>10:15am One on One Fitness (MLC G) ²⁵ 11:00am Thank You Rootman Family Concert with Lou Moracco (MLC) 2:15pm Monthly Birthday Party with Itamar Erez (DR)</p>	<p>PARIS 2024 - OLYMPIC GAMES BEGIN ²⁶ 10:00am One on One Fitness (MLC G) 10:30am PARIS 2024 OLYMPICS - Opening Ceremony (AR) 11:00am Shabbat Music (MLC) 3:30pm Services (S) 4:00pm Shabbat Melodies and Candle Lighting (MLC) 8:45pm Light Candles at 8:42pm</p>	<p>SHABBAT SHALOM ²⁷ This Week's Parsha is Pinchas 9:30am Morning Services (S) 9:45pm Shabbat Ends at 9:45pm</p>
<p>11:00am Olympic Trivia (WL) ²⁸ 2:15pm A Gift of Music Patrizia Coletta (DR) 2:30pm Afternoon Movie (MLC) 4:00pm NEW: Group Walks (WL)</p>	<p>10:30am One on One Fitness (MLC G) ²⁹ 11:00am NEW: Recreational Games (MLC) 11:00am Spiritual Music with Chaplain Rob (DR) 1:45pm Afternoon Movie (MLC) 3:00pm Mental Gymnastics(Charades) (WL) 6:45pm NEW: Summer Music on the Patio with Nick Apivor (Patio)</p>	<p>10:00am One on One Fitness (MLC G) ³⁰ 11:00am Music in the Morning with Mark Hoepfner (MLC) 1:30pm Hearts of Music - iPad (MLC) 2:00pm Bingo (AR) 2:30pm Afternoon Video (MLC) 3:00pm Food Meeting with WestCana (MLC) 3:30pm Afternoon Music with Trish (MLC)</p>	<p>WILD WEST BBQ TODAY ³¹ 10:30am One on One Fitness (MLC G) 11:15am Movement to Music (MLC G) 2:00pm Bingo (AR) 3:30pm Sing Along with Trish (WL) 4:00pm Netflix Series: Planet Earth (MLC) 5:30pm BBQ (DR)</p>	<p>LOCATION Activity Room (AR) Dining Room (DR) MLC (MLC) MLC Gym (MLC G) MLC Lounge (MLC) Synagogue (S) Weinberg Lounge (WL) Weinberg Patio (Patio)</p>		 <p>PARIS 2024</p>