




# AUGUST 2024 ASSISTED LIVING

sunday	monday	tuesday	wednesday	thursday	friday	saturday
	<p><b>LOCATION</b>                      Activity Room (AR)                      Dining Room (DR)                      MLC (MLC)                      Synagogue (S)                      Weinberg Courtyard (WC)                      Weinberg Lounge (WL)</p>			<p>10:15am Keep Fit (AR) <sup>1</sup>                      11:00am <b>Manuel's Music with Allison Berry (MLC)</b>                      2:15pm <b>Thursday Afternoon Show with Brian Flanagan (DR)</b>                      3:30pm Discussion Group with Sandy (WL)                      6:35pm <b>Netflix Series: New Amsterdam - Season 1 Episode 7 (AR)</b></p>	<p>10:15am Qigong with John Weiss (AR) <sup>2</sup>                      2:00pm <b>Documentary: Travel with Rick Steves: Italy's Great Hill Towns (AR)</b>                      3:30pm Services (S)                      8:35pm <b>Light Candles at 8:32pm</b></p>	<p><b>SHABBAT SHALOM</b> <sup>3</sup>  <b>This Week's Parsha is Matot-Massei</b>                      9:30am <b>Morning Services (S)</b>                      9:35pm <b>Shabbat Ends at 9:33pm</b></p>
<p>10:15am Keep Fit (AR) <sup>4</sup>                      11:00am <b>Program Planning Meeting (AR)</b>                      2:15pm <b>A Gift of Music with Ronald Sat (DR)</b>                      3:30pm Wii Games (AR)                      4:00pm NEW: Group Walks (WL)                      6:45pm <b>Netflix Series: One Day Season 1 Episode 4 (AR)</b></p>	<p><b>B.C DAY</b> <sup>5</sup>  <b>BC Day Trivia (See Reception)</b>  <b>Sandy Off Today</b>  <b>Statutory Holiday</b>                      10:15am <b>Keep Fit Video (AR)</b>                      2:00pm <b>Afternoon Movie: The Pink Panther (1964) (AR)</b>                      6:35pm <b>Movie Night: The Pink Panther (1964) (AR)</b></p>	<p>10:15am Keep Fit (AR) <sup>6</sup>                      11:00am <b>Music in the Morning with Roberto Risman (MLC)</b>                      1:00pm <b>Food Meeting with WestCana (AR)</b>                      2:00pm Bingo (AR)                      3:30pm Paint and Sip (AR)                      6:35pm <b>Movie Night: The Electrical Life of Louis Wain (AR)</b></p>	<p>10:15am Keep Fit (AR) <sup>7</sup>                      11:00am <b>Current Events with Pat Johnson (AR)</b>                      2:00pm Bingo (AR)                      4:00pm <b>BC Day Happy Hour - Wear Red, Blue and Gold (WL)</b>                      6:35pm <b>Documentary Night: Meghan Markle: Changing Traditions (AR)</b></p>	<p>10:15am Keep Fit (AR) <sup>8</sup>                      11:00am <b>Manuel's Music with Gustavo Herrera (MLC)</b>                      2:15pm <b>Thursday Afternoon Show with Nick Apivor (DR)</b>                      3:30pm Discussion Group with Sandy (WL)                      6:35pm <b>Netflix Series: New Amsterdam - Season 1 Episode 8 (AR)</b></p>	<p>10:15am Qigong with John Weiss (AR) <sup>9</sup>                      2:00pm <b>Documentary: Travel with Rick Steves: French Alps and Lyon (AR)</b>                      3:30pm Services (S)                      8:20pm <b>Light Candles at 8:20pm</b></p>	<p><b>SHABBAT SHALOM</b> <sup>10</sup>  <b>This Week's Parsha is Devarim</b>                      9:30am <b>Morning Services (S)</b>                      9:20pm <b>Shabbat Ends at 9:20pm</b></p>
<p>10:15am Keep Fit (AR) <sup>11</sup>                      11:00am <b>NEW: Brain Teasers with Sandy (AR)</b>                      12:00pm <b>PARIS 2024 OLYMPICS - Closing Ceremony (AR)</b>                      2:15pm <b>A Gift of Music with Lester Soo (DR)</b>                      3:30pm Wii Games (AR)                      4:00pm NEW: Group Walks (WL)                      6:35pm <b>Netflix Series: One Day Season 1 Episode 5 (AR)</b></p>	<p>10:15am <b>Keep Fit Video (AR)</b> <sup>12</sup>                      11:00am <b>Spiritual Music with Chaplain Rob (DR)</b>                      12:00pm <b>Outing: Fish and Chips in Steveston (WL)</b>                      6:45pm <b>Summer Music on the Patio with Shylo Sharity (WC)</b></p>	<p>10:15am Keep Fit (AR) <sup>13</sup>                      11:00am <b>A Little Aloud with Marsha Simmons (AR)</b>                      11:00am <b>Music in the Morning with Rob Sproviero (MLC)</b>                      1:00pm <b>Food Meeting with WestCana (AR)</b>                      2:00pm Bingo (AR)                      3:30pm Drawing Class (AR)                      6:35pm <b>Movie Night: The Iron Lady (AR)</b></p>	<p><b>POLYNESIAN BBQ</b> <sup>14</sup>  <b>TODAY</b>                      10:15am Keep Fit (AR)                      2:00pm <b>Polynesian Show (DR)</b>                      4:00pm <b>Polynesian Happy Hour - Wear your Hawaiian shirts and dresses (WL)</b>                      5:30pm <b>BBQ (DR)</b></p>	<p>10:15am Keep Fit (AR) <sup>15</sup>                      11:00am <b>Manuel's Music with Music Variations (MLC)</b>                      2:15pm <b>Thursday Afternoon Show with John Gilliat (DR)</b>                      3:30pm Discussion Group with Sandy (WL)                      6:35pm <b>Netflix Series: New Amsterdam - Season 1 Episode 9 (AR)</b></p>	<p>10:15am Qigong with John Weiss (AR) <sup>16</sup>                      2:00pm <b>Documentary: Travel with Rick Steves: Why We Travel (AR)</b>                      3:30pm Services (S)                      8:10pm <b>Light Candles at 8:08pm</b></p>	<p><b>SHABBAT SHALOM</b> <sup>17</sup>  <b>This Week's Parsha is Va'etchanan</b>                      9:30am <b>Morning Services (S)</b>                      9:05pm <b>Shabbat Ends at 9:05pm</b></p>
<p>10:15am Keep Fit (AR) <sup>18</sup>                      11:00am <b>NEW: Brain Teasers with Sandy (AR)</b>                      2:15pm <b>A Gift of Music with Jayne Joaquin (DR)</b>                      3:30pm Wii Games (AR)                      4:00pm NEW: Group Walks (WL)                      6:35pm <b>Netflix Series: One Day Season 1 Episode 6 (AR)</b></p>	<p><b>POPSICLES ON THE PATIO TODAY</b> <sup>19</sup>                      10:15am Keep Fit (AR)                      11:00am <b>Invitation to Judaism with Chaplain Rob (AR)</b>                      1:30pm <b>David Darling presents: "Overpopulation &amp; Pollution" (AR)</b>                      3:30pm <b>Popsicles on the Patio with Sandy (WC)</b>                      6:35pm <b>Movie Night: Still Breathing (AR)</b></p>	<p>10:15am Keep Fit (AR) <sup>20</sup>                      11:00am <b>Music in the Morning with Barry Wilson (MLC)</b>                      1:00pm <b>Food Meeting with WestCana (AR)</b>                      2:00pm Bingo (AR)                      3:30pm Paint and Sip (AR)                      6:35pm <b>Movie Night: A Walk in the Woods (AR)</b></p>	<p><b>22ND ANNIVERSARY CELEBRATION</b> <sup>21</sup>                      10:15am <b>Keep Fit Video (AR)</b>                      2:00pm <b>Weinberg Anniversary Celebration (WC)</b>                      6:35pm <b>Documentary Night: Leonardo, The Man Who Saved Science (AR)</b></p>	<p>10:15am Keep Fit (AR) <sup>22</sup>                      11:00am <b>Manuel's Music with Lou Moracco (MLC)</b>                      2:15pm <b>Thursday Afternoon Show with Luke Sandford (DR)</b>                      3:30pm Discussion Group with Sandy (WL)                      6:35pm <b>Netflix Series: New Amsterdam - Season 1 Episode 10 (AR)</b></p>	<p>10:15am Qigong with John Weiss (AR) <sup>23</sup>                      2:15pm <b>Tea with Rabbi Stein (DR)</b>                      3:30pm Services (S)                      7:55pm <b>Light Candles at 7:54pm</b></p>	<p><b>SHABBAT SHALOM</b> <sup>24</sup>  <b>This Week's Parsha is Eikev</b>                      9:30am <b>Morning Services (S)</b>                      8:50pm <b>Shabbat Ends at 8:51pm</b></p>
<p>10:15am Keep Fit (AR) <sup>25</sup>                      11:00am <b>NEW: Brain Teasers with Sandy (AR)</b>                      2:15pm <b>A Gift of Music with Steve Jensen (DR)</b>                      3:30pm Wii Games (AR)                      4:00pm NEW: Group Walks (WL)                      6:35pm <b>Netflix Series: One Day Season 1 Episode 7 (AR)</b></p>	<p>10:15am <b>Keep Fit Video (AR)</b> <sup>26</sup>                      11:00am <b>Spiritual Music with Chaplain Rob (DR)</b>                      1:30pm <b>Outing: Spanish Banks with Vanessa (WL)</b>                      6:45pm <b>Summer Music on the Patio with Saul Berson (WC)</b></p>	<p>10:15am Keep Fit (AR) <sup>27</sup>                      11:00am <b>Music in the Morning with Michelle Carlisle (MLC)</b>                      1:00pm <b>Food Meeting with WestCana (AR)</b>                      2:00pm Bingo (AR)                      3:15pm <b>Resident Council Meeting (DR)</b>                      6:35pm <b>Movie Night: The Aeronauts (AR)</b></p>	<p><b>FIESTA BBQ TODAY</b> <sup>28</sup>                      10:15am Keep Fit (AR)                      11:00am <b>Current Events with Pat Johnson (AR)</b>                      12:00pm <b>BBQ (DR)</b>                      2:00pm Bingo (AR)                      3:30pm <b>Sing Along with Trish (WL)</b>                      4:00pm <b>Fiesta Happy Hour - Wear Red, Green and White (WL)</b>                      6:35pm <b>Documentary Night: Mexico: The Royal Tour (AR)</b></p>	<p>10:15am Keep Fit (AR) <sup>29</sup>                      11:00am <b>Manuel's Music with Mack Riddell (MLC)</b>                      2:15pm <b>Monthly Birthday Party with Patrizia Colleta (DR)</b>                      3:30pm Discussion Group with Sandy (WL)                      6:35pm <b>Netflix Series: New Amsterdam - Season 1 Episode 11 (AR)</b></p>	<p>10:15am Qigong with John Weiss (AR) <sup>30</sup>                      2:00pm <b>Documentary: Travel with Rick Steves: Greek Islands: Santorini, Mykonos, and Rhodes (AR)</b>                      3:30pm Services (S)                      7:40pm <b>Light Candles at 7:40pm</b></p>	<p><b>SHABBAT SHALOM</b> <sup>31</sup>  <b>This Week's Parsha is Re'eh</b>                      9:30am <b>Morning Services (S)</b>                      8:35pm <b>Shabbat Ends at 8:35pm</b></p>

