


# SEPTEMBER 2024 MULTI-LEVEL CARE

sunday	monday	tuesday	wednesday	thursday	friday	saturday
2:15pm <b>A Gift of Music with Judy Lou (DR)</b> 2:30pm Afternoon Movie (MLC)	<b>LABOUR DAY</b> <b>Sandy Off Today</b> <b>Statutory Holiday</b> 1:45pm Afternoon Movie (MLC)	10:00am One on One Fitness (MLC G) 11:00am <b>Music in the Morning with Music Variations (MLC)</b> 1:30pm Hearts of Music - iPad (MLC) 2:00pm Bingo (AR) 2:30pm Afternoon Video (MLC) 3:00pm <b>Food Meeting with WestCana (MLC)</b> 3:30pm Afternoon Music with Trish (MLC)	<b>LABOUR DAY BBQ TODAY</b> 10:30am One on One Fitness (MLC G) 11:15am Movement to Music (MLC G) 12:00pm <b>BBQ (DR)</b> 2:00pm Bingo (AR) 3:30pm <b>Sing Along with Trish (WL)</b> 4:00pm Netflix Series: Planet Earth (MLC)	10:15am One on One Fitness (MLC G) 11:00am <b>Manuel's Music with Roberto Risman (DR)</b> 2:15pm <b>Thursday Afternoon Show with Jayne Joaquin (DR)</b>	10:00am One on One Fitness (MLC G) 11:00am <b>Shabbat Music (MLC)</b> 2:15pm <b>Tea with Rabbi Stein (DR)</b> 3:30pm Services (S) 4:00pm <b>Shabbat Melodies and Candle Lighting (MLC)</b> 7:25pm <b>Light Candles at 7:25pm</b>	<b>SHABBAT SHALOM</b> <b>This Week's Parsha is Shoftim</b> 9:30am <b>Morning Services (S)</b> 8:20pm <b>Shabbat Ends at 8:20pm</b>
<b>GRANDPARENTS DAY</b> 11:00am <b>"NEW" Potting Class (AR)</b> 2:15pm <b>Grandparents Day Celebration: Blue Lasso Band in Performance (DR)</b> 2:30pm Afternoon Movie (MLC)	10:30am One on One Fitness (MLC G) 11:00am <b>Recreational Games (MLC)</b> 11:00am <b>Spiritual Music with Chaplain Rob (DR)</b> 1:30pm <b>Outing: Bloedel Conservatory (WL)</b> 1:45pm Afternoon Movie (MLC)	10:00am One on One Fitness (MLC G) 11:00am <b>Music in the Morning with John Gilliat (MLC)</b> 1:30pm Hearts of Music - iPad (MLC) 2:00pm Bingo (AR) 2:30pm Afternoon Video (MLC) 3:00pm <b>Food Meeting with WestCana (MLC)</b> 3:30pm Afternoon Music with Trish (MLC)	10:30am One on One Fitness (MLC G) 11:15am Movement to Music (MLC G) 1:00pm "NEW" The KnitWits Group (WL) 2:00pm Bingo (AR) 3:30pm <b>Sing Along with Trish (WL)</b> 4:00pm Netflix Series: Planet Earth (MLC)	10:15am One on One Fitness (MLC G) 11:00am <b>Manuel's Music with Mark Hoepfner (MLC)</b> 2:15pm <b>Thursday Afternoon Show with Rob Sproviero (DR)</b>	10:00am One on One Fitness (MLC G) 11:00am <b>David Darling presents "9/11 Causes and Consequences" (AR)</b> 11:00am <b>Shabbat Music (MLC)</b> 2:00pm <b>NEW: Documentary: Life On Our Planet: The Rules of Life (AR)</b> Services (S) 3:30pm <b>Shabbat Melodies and Candle Lighting (MLC)</b> 4:00pm <b>Light Candles at 7:10pm</b>	<b>SHABBAT SHALOM</b> <b>This Week's Parsha is Ki Teitzel</b> 9:30am <b>Morning Services (S)</b> 8:05pm <b>Shabbat Ends at 8:04pm</b>
<b>Sandy Off Today</b> 2:15pm <b>A Gift of Music with Gustavo Herrera (DR)</b> 2:30pm Afternoon Movie (MLC)	<b>Sandy Off Today</b> 10:30am One on One Fitness (MLC G) 11:00am <b>Invitation to Judaism with Chaplain Rob (AR)</b> 1:45pm Afternoon Movie (MLC)	10:00am One on One Fitness (MLC G) 11:00am <b>Music in the Morning with Nick Apivor (MLC)</b> 1:30pm Hearts of Music - iPad (MLC) 2:00pm Bingo (AR) 2:30pm Afternoon Video (MLC) 3:00pm <b>Food Meeting with WestCana (MLC)</b> 3:30pm Afternoon Music with Trish (MLC)	<b>END OF SUMMER BBQ (DR)</b> 10:30am One on One Fitness (MLC G) 11:15am Movement to Music (MLC G) 1:00pm <b>Regional Animal Protection Society Visits The Weinberg (AR)</b> 2:00pm Bingo (AR) 3:30pm <b>Sing Along with Trish (WL)</b> 4:00pm Netflix Series: Planet Earth (MLC) 5:30pm <b>BBQ Dinner (DR)</b>	10:15am One on One Fitness (MLC G) 11:00am <b>Manuel's Music with Barry Wilson (MLC)</b> 2:15pm <b>Thursday Afternoon Show with Lester Soo (DR)</b>	10:00am One on One Fitness (MLC G) 11:00am <b>Shabbat Music (MLC)</b> 2:00pm <b>NEW: Documentary: Life On Our Planet: The First Frontier (AR)</b> Services (S) 3:30pm <b>Shabbat Melodies and Candle Lighting (MLC)</b> 4:00pm <b>Light Candles at 6:55pm</b>	<b>SHABBAT SHALOM</b> <b>This Week's Parsha is Ki Tavo</b> 9:30am <b>Morning Services (S)</b> 7:50pm <b>Shabbat Ends at 7:49pm</b>
<b>GOODBYE SUMMER HELLO FALL</b> 2:15pm <b>A Gift of Music with Anna Pansacola (DR)</b> 2:30pm Afternoon Movie (MLC)	10:30am One on One Fitness (MLC G) 11:00am <b>Recreational Games (MLC)</b> 11:00am <b>Spiritual Music with Chaplain Rob (DR)</b> 1:30pm <b>Outing: Nemesis Cafe (WL)</b> 1:45pm Afternoon Movie (MLC)	10:00am One on One Fitness (MLC G) 11:00am <b>Music in the Morning with Patrizia Colleta (MLC)</b> 1:30pm Hearts of Music - iPad (MLC) 2:00pm Bingo (AR) 2:30pm Afternoon Video (MLC) 3:00pm <b>Food Meeting with WestCana (MLC)</b>	10:30am One on One Fitness (MLC G) 11:15am Movement to Music (MLC G) 1:00pm "NEW" The KnitWits Group (WL) 2:00pm Bingo (AR) 4:00pm Netflix Series: Planet Earth (MLC) 5:30pm <b>BBQ (DR)</b>	10:15am One on One Fitness (MLC G) 11:00am <b>Manuel's Music with Allison Berry (MLC)</b> 2:15pm <b>Monthly Birthday Party with Luke Sanford (DR)</b>	10:00am One on One Fitness (MLC G) 11:00am <b>Shabbat Music (MLC)</b> 2:00pm <b>NEW: Documentary: Life On Our Planet: Invaders of the Land (AR)</b> Services (S) 3:30pm <b>Shabbat Melodies and Candle Lighting (MLC)</b> 4:00pm <b>Light Candles at 6:40pm</b>	<b>SHABBAT SHALOM</b> <b>This Week's Parsha is Nitzavim-Vayelech</b> 9:30am <b>Morning Services (S)</b> 7:35pm <b>Light Candles at 7:34pm</b>
2:15pm <b>A Gift of Music with Brian Flanagan (DR)</b> 2:30pm Afternoon Movie (MLC)	<b>NATIONAL DAY FOR TRUTH AND RECONCILIATION</b> <b>Sandy Off Today</b> <b>Statutory Holiday</b> 1:45pm Afternoon Movie (MLC)		<b>LOCATION</b> Activity Room (AR) Dining Room (DR) MLC (MLC) MLC Gym (MLC G) Synagogue (S) Weinberg Lounge (WL)	