


OCTOBER 2024 ASSISTED LIVING

sunday	monday	tuesday	wednesday	thursday	friday	saturday
	LOCATION 2nd Fl Amenity Room (AM2) Activity Room (AR) Dining Room (DR) Louis Brier (LB) MLC (MLC) Synagogue (S) Weinberg Lounge (WL)	NATIONAL SENIORS DAY ¹ 10:15am Keep Fit (AR) 11:00am Music in the Morning with Roberto Risman (MLC) 1:00pm Food Meeting with WestCana (AR) 2:00pm Bingo (AR) 2:30pm Rosh Hashanah Tea with Vanessa (DR) 6:35pm Movie Night: The Little Traitor (AR)	EREV ROSH HASHANAH ² Erev Yom Tov - Erev Holy Day - Guidelines begin at 6:30pm 10:15am Keep Fit Video (AR) 11:00am Current Events with Pat Johnson (AR) 1:00pm "NEW" The KnitWits Group (WL) 2:00pm Bingo (AR) Light Candles at 6:29pm	FIRST DAY OF ROSH HASHANAH ³ Yom Tov - Holy Day Yom Tov guidelines in place all day 9:00am Synagogue Service (S) 3:30pm Discussion Group with Dr. Norm Stein (WL) Light Candles after 7:23pm	SECOND DAY OF ROSH HASHANAH ⁴ Yom Tov - Holy Day Yom Tov guidelines in place all day 9:00am Synagogue Service (S) 10:00am Shofar Blowing (S) Light Candles at 6:25pm Yom Tov ends at 7:28pm	SHABBAT SHALOM ⁵ This Weeks Parsha is Ha'azinu 9:30am Morning Services (S) Shabbat Ends at 7:19pm
10:15am Keep Fit (AR) ⁶ 2:15pm A Gift of Music with Lester Soo (DR) 3:30pm Wii Games (AR) 6:35pm Netflix Series: Emily in Paris Season 4 Episode 6 (AR)	October 7th Memorial (S) ⁷ 11:00am Discussion about Israel with Chaplain Rob (AR) 7:00pm Live-stream October 7th Memorial (AR)	10:15am Keep Fit (AR) ⁸ 11:00am Music in the Morning with Rob Sproviero (MLC) 1:00pm Food Meeting with WestCana (AR) 2:00pm Bingo (AR) 3:15pm Resident Council Meeting (DR) 9:00pm Movie Night: Downton Abbey: A New Era (AR)	FLU SHOT CLINIC TODAY ⁹ 10:15am Keep Fit (AR) 1:00pm "NEW" The KnitWits Group (WL) 1:00pm Flu Shot Clinic (AM2) 2:00pm Bingo (AR) 4:00pm Happy Hour (WL) 6:35pm Documentary Night: The Majestic Life of Queen Elizabeth II (AR)	BC ELECTION VOTING DAY ¹⁰ 2024 BC Election Voting Day (AR) 10:00am Keep Fit (AR) 10:15am Manuel's Music with Allison Berry (MLC) 11:00am Tour of Louis Brier Multi-Sensory Room (LB) 1:30pm Thursday Afternoon Show with John Gilliat (DR) 2:15pm Discussion Group with Dr. Norm Stein (WL) 3:30pm Netflix Series: New Amsterdam - Season 1 Episode 16 (AR)	EREV YOM KIPPUR KOL NIDRE ¹¹ Yom Tov guidelines begin at 6:11pm 10:15am Qigong with John Weiss (AR) 6:45pm Kol Nidre service (S) Light Candles at 6:11pm	SHABBAT SHALOM ¹² This Week's Parsha is Minhah YOM KIPPUR Yom Tov Guidelines end at 7:14pm 9:00am Synagogue Service (S) 11:00am Yizkor (S) 5:15pm Mincha (S) 6:15pm Neilah (S) Yom Kippur ends at 7:05pm Shofar Blowing at 7:12pm (LB)
10:15am Keep Fit (AR) ¹³ 2:15pm A Gift of Music with Patrizia Colleta (DR) 6:35pm Netflix Series: Emily in Paris Season 4 Episode 7 (AR)	Statutory Holiday THANKSGIVING ¹⁴ 10:15am Keep Fit Video (AR) 11:00am A Little Aloud with Marsha Simmons (AR) 2:15pm Afternoon Music with Steve Levin (DR) 6:35pm Movie Night: Gifted (AR)	10:15am Keep Fit (AR) ¹⁵ 11:00am Music in the Morning with Lou Marocco (MLC) 1:00pm Food Meeting with WestCana (AR) 2:00pm Bingo (AR) 3:30pm Paint and Sip (AR) 6:35pm Movie Night: Whitney Houston: I Wanna Dance With Somebody (AR)	EREV SUKKOT ¹⁶ begins at 6:01pm Erev Yom Tov - Erev Holy Day - Guidelines begin at 6:45pm 10:15am Keep Fit (AR) 11:00am Current Events with Pat Johnson (AR) 1:00pm "NEW" The KnitWits Group (WL) 2:00pm Bingo (AR) 3:30pm Sing Along with Trish (WL) 4:00pm Happy Hour (WL) Light Candles at 6:01pm	FIRST DAY OF SUKKOT ¹⁷ Yom Tov Guidelines in Effect All Day 9:30am Synagogue Service (S) 3:30pm Discussion Group with Dr. Norm Stein (WL) Light Candles at 6:55pm	SECOND DAY OF SUKKOT ¹⁸ Yom Tov Guidelines in Effect All Day 9:30am Synagogue Service (S) 2:00pm Temple Sholom Sukkot Tea with Cantor Shani Cohen (LB) 3:30pm Services (S) Light Candles at 5:57pm	1st Intermediate Day of SUKKOT ¹⁹ SHABBAT SHALOM Morning Services (S) Shabbat Ends at 6:52pm
2nd Intermediate Day of SUKKOT ²⁰ 10:15am Keep Fit (AR) 11:00am Brain Teasers with Rachel (AR) 2:15pm A Gift of Music with Jayne Joaquin (DR) 3:30pm Wii Games (AR) 6:35pm Netflix Series: Emily in Paris Season 4 Episode 8 (AR)	3rd Intermediate Day of SUKKOT ²¹ 10:15am Keep Fit (AR) 11:00am Music for the Chagim with Chaplain Rob (DR) 1:30pm Wellness Talk with Physio2u: Fall Prevention (AR) 2:30pm Beth Israel Tea in Sukkah with Rabbi Stein (LB) 6:35pm Movie Night: Florence Foster Jenkins (AR)	4th Intermediate Day of SUKKOT ²² 10:15am Keep Fit (AR) 11:00am Music in the Morning with Music Variations (MLC) 1:00pm Food Meeting with WestCana (AR) 2:00pm Bingo (AR) 3:30pm Drawing Class (AR) 6:35pm Movie Night: Mrs. Harris Goes to Paris (AR)	HOSHANA RABBAH ²³ Yom Tov guidelines begin at 5:48pm 10:15am Keep Fit (AR) 1:00pm "NEW" The KnitWits Group (WL) 2:00pm Bingo (AR) 3:30pm Sing Along with Trish (WL) Light Candles at 5:47pm	SHEMINI ATZERET YIZKOR ²⁴ Yom Tov Guidelines in place all day 9:30am Synagogue Service (S) 11:00am Yizkor (S) 3:30pm Discussion Group with Dr. Norm Stein (WL) Light Candles after 6:43pm	SIMCHAT TORAH ²⁵ Yom Tov guidelines in place all day 9:30am Synagogue Service Light Candles at 5:44pm	SHABBAT SHALOM ²⁶ This Week's Parsha is Bereisheet Yom Tov Restrictions end at 6:49pm 9:30am Morning Services (S) Shabbat Ends at 6:39pm
10:15am Keep Fit (AR) ²⁷ 11:00am Brain Teasers with Rachel (AR) 2:15pm A Gift of Music with Brian Flanagan (DR) 3:30pm Wii Games (AR) 6:35pm Netflix Series: Emily in Paris Season 4 Episode 9 (AR)	10:15am Keep Fit (AR) ²⁸ 11:00am Invitation to Judaism with Chaplain Rob (AR) 1:30pm Outing: Scenic Drive (WL) 6:35pm Movie Night: Me Before You (AR)	10:15am Keep Fit (AR) ²⁹ 11:00am Music in the Morning with Barry Wilson (MLC) 1:00pm Food Meeting with WestCana (AR) 2:00pm Bingo (AR) 3:30pm Paint and Sip (AR) 6:35pm Movie Night: His Three Daughters (AR)	10:15am Keep Fit (AR) ³⁰ 11:00am Current Events with Pat Johnson (AR) "NEW" The KnitWits Group (WL) 1:00pm Bingo (AR) 2:00pm Sing Along with Trish (WL) 3:30pm Happy Hour (WL) 4:00pm Documentary Night: What's Next? The Future With Bill Gates (AR)	10:15am Keep Fit (AR) ³¹ 11:00am Manuel's Music with Lou Moracco (MLC) 2:15pm Monthly Birthday Party with Saul Berson (DR) 3:30pm Discussion Group with Dr. Norm Stein (WL) 6:35pm Netflix Series: New Amsterdam - Season 1 (AR)	