


OCTOBER 2024 MULTI-LEVEL CARE

sunday	monday	tuesday	wednesday	thursday	friday	saturday
 <p>THE WEINBERG RESIDENCE</p>	LOCATION Activity Room (AR) Dining Room (DR) Louis Brier (LB) MLC (MLC) MLC Gym (MLC G) Synagogue (S) Weinberg Lounge (WL)	NATIONAL SENIORS DAY ¹ 10:00am One on One Fitness (MLC G) 11:00am Music in the Morning with Roberto Risman (MLC) 1:30pm Hearts of Music - iPad (MLC) 2:00pm Bingo (AR) 2:30pm Afternoon Video (MLC) 2:30pm Rosh Hashanah Tea with Vanessa (DR) 3:00pm Food Meeting with WestCana (MLC)	EREV ROSH HASHANAH ² Erev Yom Tov - Erev Holy Day - Guidelines begin at 6:30pm 10:30am One on One Fitness (MLC G) 11:15am Movement to Music (MLC G) 1:00pm "NEW" The KnitWits Group (WL) 2:00pm Bingo (AR) Light Candles at 6:29pm	FIRST DAY OF ROSH HASHANAH ³ Yom Tov - Holy Day Yom Tov guidelines in place all day 9:00am Synagogue Service (S) Light Candles after 7:23pm	SECOND DAY OF ROSH HASHANAH ⁴ Yom Tov - Holy Day Yom Tov guidelines in place all day 9:00am Synagogue Service (S) 10:00am Shofar Blowing (S) Light Candles at 6:25pm Yom Tov ends at 7:28pm	SHABBAT SHALOM ⁵ This Weeks Parsha is Ha'azinu 9:30am Morning Services (S) Shabbat Ends at 7:19pm
2:15pm A Gift of Music with Lester Soo (DR) 2:30pm Afternoon Movie (MLC)	10:00am October 7th Memorial (S) ⁷ 10:30am One on One Fitness (MLC G) 11:00am Discussion about Israel with Chaplain Rob (AR) 11:00am Recreational Games (MLC) 1:45pm Afternoon Movie (MLC)	10:00am One on One Fitness (MLC G) ⁸ 11:00am Music in the Morning with Rob Sproviero (MLC) 1:30pm Hearts of Music - iPad (MLC) 2:00pm Bingo (AR) 2:30pm Afternoon Video (MLC) 3:00pm Food Meeting with WestCana (MLC)	10:30am One on One Fitness (MLC G) ⁹ 11:15am Movement to Music (MLC G) 1:00pm "NEW" The KnitWits Group (WL) 2:00pm Bingo (AR) 4:00pm Netflix Series: Planet Earth (MLC)	BC ELECTION VOTING DAY ¹⁰ 2024 BC Election Voting Day (AR) 10:00am 10:15am One on One Fitness (MLC G) 11:00am Manuel's Music with Allison Berry (MLC) 2:15pm Thursday Afternoon Show with John Gilliat (DR)	EREV YOM KIPPUR KOL NIDRE ¹¹ Yom Tov guidelines begin at 6:11pm 11:00am Shabbat Music (MLC) 6:45pm Kol Nidre service (S) Light Candles at 6:11pm	SHABBAT SHALOM ¹² This Week's Parsha is Minhah YOM KIPPUR Yom Tov Guidelines end at 7:14pm 9:00am Synagogue Service (S) 11:00am Yizkor (S) 5:15pm Mincha (S) 6:15pm Neilah (S) Yom Kippur ends at 7:05pm Shofar Blowing at 7:12pm (LB)
2:15pm A Gift of Music with Patrizia Colleta (DR) 2:30pm Afternoon Movie (MLC)	Statutory Holiday THANKSGIVING ¹⁴ 1:45pm Afternoon Movie (MLC) 2:15pm Afternoon Music with Steve Levin (DR)	10:00am One on One Fitness (MLC G) ¹⁵ 11:00am Music in the Morning with Lou Marocco (MLC) 1:30pm Hearts of Music - iPad (MLC) 2:00pm Dingo (AR) 2:30pm Afternoon Video (MLC) 3:00pm Food Meeting with WestCana (MLC) 3:30pm Afternoon Music with Trish (MLC)	EREV SUKKOT beings at 6:01pm ¹⁶ Erev Yom Tov - Erev Holy Day - Guidelines begin at 6:45pm 10:30am One on One Fitness (MLC G) 11:15am Movement to Music (MLC G) 1:00pm "NEW" The KnitWits Group (WL) 2:00pm Bingo (AR) 3:30pm Sing Along with Trish (WL) 4:00pm Netflix Series: Planet Earth (MLC) Light Candles at 6:01pm	FIRST DAY OF SUKKOT ¹⁷ Yom Tov Guidelines in Effect All Day 9:30am Synagogue Service (S) Light Candles at 6:55pm	SECOND DAY OF SUKKOT ¹⁸ Yom Tov Guidelines in Effect All Day 9:30am Synagogue Service (S) 3:30pm Chagim & Shabbat Melodies with Steve Levin (MLC) 3:30pm Services (S) Light Candles at 5:57pm	1st Intermediate Day of SUKKOT ¹⁹ SHABBAT SHALOM 9:30am Morning Services (S) Shabbat Ends at 6:52pm
2nd Intermediate Day of SUKKOT ²⁰ 2:15pm A Gift of Music with Jayne Joaquin (DR) 2:30pm Afternoon Movie (MLC)	3rd Intermediate Day of SUKKOT ²¹ 10:30am One on One Fitness (MLC G) 11:00am Music for the Chagim with Chaplain Rob (DR) 11:00am Recreational Games (MLC) 1:45pm Afternoon Movie (MLC)	4th Intermediate Day of SUKKOT ²² 10:00am One on One Fitness (MLC G) 11:00am Music in the Morning with Music Variations (MLC) 1:30pm Hearts of Music - iPad (MLC) 2:00pm Bingo (AR) 2:30pm Afternoon Video (MLC) 3:00pm Food Meeting with WestCana (MLC) 3:30pm Afternoon Music with Trish (MLC)	HOSHANA RABBAH ²³ Yom Tov guidelines begin at 5:48pm 10:30am One on One Fitness (MLC G) 11:15am Movement to Music (MLC G) 1:00pm "NEW" The KnitWits Group (WL) 2:00pm Bingo (AR) 3:30pm Sing Along with Trish (WL) 4:00pm Netflix Series: Planet Earth (MLC) Light Candles at 5:47pm	SHEMINI ATZERET YIZKOR ²⁴ Yom Tov Guidelines in place all day 9:30am Synagogue Service (S) 11:00am Yizkor (S) Light Candles after 6:43pm	SIMCHAT TORAH ²⁵ Yom Tov guidelines in place all day 9:30am Synagogue Service 3:30pm Chagim & Shabbat Melodies with Steve Levin (MLC) Light Candles at 5:44pm	SHABBAT SHALOM ²⁶ This Week's Parsha is Bereisheet Yom Tov Restrictions end at 6:49pm 9:30am Morning Services (S) Shabbat Ends at 6:39pm
2:15pm A Gift of Music with Brian Flanagan (DR) 2:30pm Afternoon Movie (MLC)	10:30am One on One Fitness (MLC G) ²⁸ 11:00am Invitation to Judaism with Chaplain Rob (AR) 11:00am Recreational Games (MLC) 1:30pm Outing: Scenic Drive (WL) 1:45pm Afternoon Movie (MLC)	10:00am One on One Fitness (MLC G) ²⁹ 11:00am Music in the Morning with Barry Wilson (MLC) 1:30pm Hearts of Music - iPad (MLC) 2:00pm Bingo (AR) 2:30pm Afternoon Video (MLC) 3:00pm Food Meeting with WestCana (MLC) 3:30pm Afternoon Music with Trish (MLC)	10:30am One on One Fitness (MLC G) ³⁰ 11:15am Movement to Music (MLC G) 1:00pm "NEW" The KnitWits Group (WL) 2:00pm Bingo (AR) 3:30pm Sing Along with Trish (WL) 4:00pm Netflix Series: Planet Earth (MLC)	10:15am One on One Fitness (MLC G) ³¹ 11:00am Manuel's Music with Lou Moracco (MLC) 2:15pm Monthly Birthday Party with Saul Berson (DR)	