

OCTOBER 2025 ASSISTED LIVING						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	LOCATION Activity Room (AR) Amenity Room (2nd Floor) (AM2) Amenity Room (AR) Dining Room (DR) Louis Brier (LB) MLC (MLC) Synagogue (S) Weinberg Lounge (WL)		EREV YOM KIPPUR 1 Erev Yom Tov - Erev Holy Day KOL NIDRE NATIONAL SENIORS DAY 10:15am Move & Groove with Patrina (AR) 2:00pm Bingo (AR) 3:30pm Sing Along with Trish (WL) 6:45pm Kol Nidre Services (S) Fast begins at 6:46 p.m. Light Candles at 6:32 p.m.	YIZKOR 2 YOM KIPPUR Yom Tov - Holy Day Yom Tov guidelines in place all day 9:00am Synagogue Services (S) 11:00am Yizkor (S) 1:30pm Mincha (S) Yom Kippur ends at 7:26 p.m.	10:15am Keep Fit with Zakia (AR) 3 1:00pm NEW: Artful Moments (AR) 3:30pm Services (S) Light Candles at 6:28 p.m.	SHABBAT SHALOM 4 This Week's Parsha is Ha'azinu 9:30am Morning Services (S) Shabbat ends at 7:22 p.m.
	EREV SUKKOT 6 Erev Yom Tov - Holy Day 10:15am Move & Groove with Patrina (AR) 10:15am Havdalah (S) 11:00am Spiritual Music with Chaplain Rob (DR) 1:00pm NEW: Fun Exploring Art with Sidi Schaffer (AR) 3:15pm Music Trivia with Patrina (AR) Light Candles at 6:22 p.m.	FIRST DAY OF SUKKOT 7 Yom Tov - Holy Day Yom Tov guidelines in place all day 9:30am Synagogue Services (S) Light Candles after 7:15 p.m.	SECOND DAY OF SUKKOT 8 Yom Tov - Holy Day Yom Tov guidelines in place all day 9:30am Synagogue Services (S) Yom Tov ends at 7:13 p.m.	1st Intermediate Day of SUKKOT 9 10:15am Keep Fit with Zakia 10:45am Manuel's Music with Dale Nichols (MLC) 2:15pm Thursday Afternoon Show with Koan Music (DR) 3:30pm Discussion Group with Dr. Norm Stein (WL) 6:45pm Thursday Night Bingo (AR)	2nd Intermediate Day of SUKKOT 10 10:15am Keep Fit with Zakia (AR) 11:00am NEW: Rabbi Sally Finestone Presents - "Jewish Magic and Superstition" (AR) 1:00pm NEW: Artful Moments (AR) 2:15pm Tea with Rabbi Stein & Vanessa in the Sukkah (LB) 3:30pm Services (S) Light Candles at 6:13 p.m.	3rd Intermediate Day of SUKKOT 11 SHABBAT SHALOM 9:30am Morning Services (S) Shabbat ends at 7:07 p.m.
	STATUTORY HOLIDAY 13 THANKSGIVING Hoshana Rabbah 10:15am Keep Fit Video (AR) 11:00am A Little Aloud with Marsha Simmons (AR) 1:00pm NEW: Fun Exploring Art with Sidi Schaffer (AR) 6:35pm New Netflix Series: Offroad Ep. 3 (AR) Light Candles at 6:07 p.m.	SHEMINI ATZERET 14 YIZKOR Yom Tov - Holy Day Yom Tov guidelines in place all day 9:30am Synagogue Services (S) 11:00am Yizkor (S) Light Candles after 7:01 p.m.	SIMCHAT TORAH 15 Yom Tov - Holy Day Yom Tov guidelines in place all day 9:30am Synagogue Services (S) Yom Tov ends at 6:59pm	10:15am Keep Fit with Zakia (AR) 16 10:45am Manuel's Music with Barry Wilson (MLC) 2:15pm Thursday Afternoon Show with Peter Tam (DR) 2:30pm Chaplain Rob Retirement Celebration (S) 3:30pm Discussion Group with Dr. Norm Stein (WL) 6:35pm Movie Night: Mack & Rita (AR)	10:15am Keep Fit with Zakia (AR) 17 1:00pm NEW: Artful Moments (AR) 3:30pm Services (S) Light Candles at 5:59 p.m.	SHABBAT SHALOM 18 This Week's Parsha is Bereishit 9:30am Morning Services (S) Shabbat ends at 6:54 p.m.
	10:15am Move & Groove with Patrina (AR) 20 10:15am Havdalah (S) 1:00pm NEW: Fun Exploring Art with Sidi Schaffer (AR) 3:15pm Music Trivia with Patrina (AR) 3:30pm Tech Support: Just Ask Hubert! (AR) 6:35pm New Netflix Series: Offroad Ep. 5 (AR)	10:15am Move & Groove with Patrina (AR) 21 10:45am Music in the Morning with Luke Sandford (MLC) 1:00pm Food Meeting with WestCana (AR) 1:30pm OUTING: SCENIC DRIVE (AR) 2:00pm Bingo (AR) 6:35pm Movie Night: The Wrong Paris (AR)	Rosh Chodesh 22 10:15am Keep Fit with Zakia (AR) 11:00am Current Events with Pat Johnson (AR) 2:00pm Bingo (AR) 3:30pm Sing Along with Trish (WL) 4:00pm Happy Hour (WL) 6:35pm Documentary Night: WHAM! (AR)	Rosh Chodesh 23 10:15am Keep Fit with Zakia (AR) 10:45am Manuel's Music with Roberto Risman (MLC) 2:15pm Thursday Afternoon Show with Steve Jensen (DR) 3:30pm Discussion Group with Dr. Norm Stein (WL) 6:45pm Thursday Night Bingo (AR)	10:15am Keep Fit with Zakia (AR) 24 2:00pm UBC School of Music in Performance (DR) 3:30pm Services (S) Light Candles at 5:46 p.m.	SHABBAT SHALOM 25 This Week's Parsha is Noach 9:30am Morning Services (S) Shabbat ends at 6:41 p.m.
	10:15am Move & Groove with Patrina (AR) 27 10:15am Havdalah (S) 1:00pm NEW: Fun Exploring Art with Sidi Schaffer (AR) 3:15pm Music Trivia with Patrina (AR)	10:15am Move & Groove with Patrina (AR) 28 10:45am Music in the Morning with Patrizia Coletta (MLC) 1:00pm Food Meeting with WestCana (AR) 2:00pm Bingo (AR) 3:15pm Resident Council Meeting (DR) 6:35pm Movie Night: The Woman in Cabin 10 (AR)	10:15am Move & Groove with Patrina (AR) 29 11:00am Current Events with Pat Johnson (AR) 2:00pm Bingo (AR) 3:30pm Sing Along with Trish (WL) 4:00pm Happy Hour (WL) 6:35pm Documentary Night: October 8 (AR)	10:15am Keep Fit with Zakia (AR) 30 11:00am Gordon Cherry Presents: Gustav Mahler the Genius of the Century (AR) 2:15pm Monthly Birthday Party with Sincerely Yours (DR) 3:30pm Discussion Group with Dr. Norm Stein (WL) 6:45pm Thursday Night Bingo (AR)	FLU SHOT CLINIC TODAY 31 10:15am Keep Fit with Zakia (AR) 1:00pm Flu Shot Clinic (AM2) 1:00pm NEW: Artful Moments (AR) 3:30pm Services (S) Light Candles at 5:34 p.m.	