



OCTOBER 2025 ASSISTED LIVING

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<b>LOCATION</b> Activity Room (AR) Amenity Room (2nd Floor) (AM2) Amenity Room (AR) Dining Room (DR) Louis Brier (LB) MLC (MLC) Synagogue (S) Weinberg Lounge (WL)		<b>EREV YOM KIPPUR</b> 1 Erev Yom Tov - Erev Holy Day <b>KOL NIDRE</b> <b>NATIONAL SENIORS DAY</b> 10:15am <b>Move &amp; Groove with Patrina (AR)</b> 2:00pm Bingo (AR) 3:30pm Sing Along with Trish (WL) 6:45pm <b>Kol Nidre Services (S)</b> 6:47pm <b>Fast begins at 6:46 p.m.</b> 6:55pm <b>Light Candles at 6:32 p.m.</b>	<b>YIZKOR</b> 2 <b>YOM KIPPUR</b> Yom Tov - Holy Day Yom Tov guidelines in place all day 9:00am <b>Synagogue Services (S)</b> 11:00am <b>Yizkor (S)</b> 1:30pm <b>Mincha (S)</b> 7:27pm <b>Yom Kippur ends at 7:26 p.m.</b>	10:15am <b>Keep Fit with Zakia (AR)</b> 3 1:00pm <b>NEW: Artful Moments (AR)</b> 3:30pm <b>Services (S)</b> 6:29pm <b>Light Candles at 6:28 p.m.</b>	<b>SHABBAT SHALOM</b> 4 This Week's Parsha is Ha'azinu 9:30am <b>Morning Services (S)</b> 7:23pm <b>Shabbat ends at 7:22 p.m.</b>
10:15am <b>Keep Fit Video (AR)</b> 5 2:15pm <b>A Gift of Music: National Seniors Day Celebration with Music Variations (DR)</b> 6:35pm <b>New Netflix Series: Offroad Ep. 1 (AR)</b>	<b>EREV SUKKOT</b> 6 Erev Yom Tov - Holy Day 10:15am <b>Move &amp; Groove with Patrina (AR)</b> 10:15am <b>Havdalah (S)</b> 11:00am <b>Spiritual Music with Chaplain Rob (DR)</b> 1:00pm <b>NEW: Fun Exploring Art with Sidi Schaffer (AR)</b> 3:15pm <b>Music Trivia with Patrina (AR)</b> 6:23pm <b>Light Candles at 6:22 p.m.</b>	<b>FIRST DAY OF SUKKOT</b> 7 Yom Tov - Holy Day Yom Tov guidelines in place all day 9:30am <b>Synagogue Services (S)</b> 7:16pm <b>Light Candles after 7:15 p.m.</b>	<b>SECOND DAY OF SUKKOT</b> 8 Yom Tov - Holy Day Yom Tov guidelines in place all day 9:30am <b>Synagogue Services (S)</b> 7:14pm <b>Yom Tov ends at 7:13 p.m.</b>	<b>1st Intermediate Day of SUKKOT</b> 9 10:15am <b>Keep Fit with Zakia</b> 10:45am <b>Manuel's Music with Dale Nichols (MLC)</b> 2:15pm <b>Thursday Afternoon Show with Koan Music (DR)</b> 3:30pm <b>Discussion Group with Dr. Norm Stein (WL)</b> 6:45pm <b>Thursday Night Bingo (AR)</b>	<b>2nd Intermediate Day of SUKKOT</b> 10 10:15am <b>Keep Fit with Zakia (AR)</b> 11:00am <b>NEW: Rabbi Sally Finestone Presents - "Jewish Magic and Superstition" (AR)</b> 1:00pm <b>NEW: Artful Moments (AR)</b> 2:15pm <b>Tea with Rabbi Stein &amp; Vanessa in the Sukkah (LB)</b> 3:30pm <b>Services (S)</b> 6:14pm <b>Light Candles at 6:13 p.m.</b>	<b>3rd Intermediate Day of SUKKOT</b> <b>SHABBAT SHALOM</b> 9:30am <b>Morning Services (S)</b> 7:08pm <b>Shabbat ends at 7:07 p.m.</b>
<b>4th Intermediate Day of SUKKOT</b> 12 10:15am <b>Keep Fit Video (AR)</b> 2:15pm <b>A Gift of Music: Nick Apivor (DR)</b> 6:35pm <b>New Netflix Series: Offroad Ep. 2 (AR)</b>	<b>STATUTORY HOLIDAY</b> 13 <b>THANKSGIVING</b> <b>Hoshana Rabbah</b> 10:15am <b>Keep Fit Video (AR)</b> 11:00am <b>A Little Aloud with Marsha Simmons (AR)</b> 1:00pm <b>NEW: Fun Exploring Art with Sidi Schaffer (AR)</b> 6:35pm <b>New Netflix Series: Offroad Ep. 3 (AR)</b> 6:38pm <b>Light Candles at 6:07 p.m.</b>	<b>SHEMINI ATZERET</b> 14 <b>YIZKOR</b> Yom Tov - Holy Day Yom Tov guidelines in place all day 9:30am <b>Synagogue Services (S)</b> 11:00am <b>Yizkor (S)</b> 7:02pm <b>Light Candles after 7:01 p.m.</b>	<b>SIMCHAT TORAH</b> 15 Yom Tov - Holy Day Yom Tov guidelines in place all day 9:30am <b>Synagogue Services (S)</b> 6:56pm <b>Yom Tov ends at 6:59pm</b>	10:15am <b>Keep Fit with Zakia (AR)</b> 16 10:45am <b>Manuel's Music with Barry Wilson (MLC)</b> 2:15pm <b>Thursday Afternoon Show with Peter Tam (DR)</b> 2:30pm <b>Chaplain Rob Retirement Celebration (S)</b> 3:30pm <b>Discussion Group with Dr. Norm Stein (WL)</b> 6:35pm <b>Movie Night: Mack &amp; Rita (AR)</b>	10:15am <b>Keep Fit with Zakia (AR)</b> 17 1:00pm <b>NEW: Artful Moments (AR)</b> 3:30pm <b>Services (S)</b> 6:00pm <b>Light Candles at 5:59 p.m.</b>	<b>SHABBAT SHALOM</b> 18 This Week's Parsha is Bereishit 9:30am <b>Morning Services (S)</b> 6:55pm <b>Shabbat ends at 6:54 p.m.</b>
10:15am <b>Keep Fit Video (AR)</b> 19 2:15pm <b>A Gift of Music: Jen Lewin in Performance (DR)</b> 6:35pm <b>New Netflix Series: Offroad Ep. 4 (AR)</b>	10:15am <b>Move &amp; Groove with Patrina (AR)</b> 20 10:15am <b>Havdalah (S)</b> 1:00pm <b>NEW: Fun Exploring Art with Sidi Schaffer (AR)</b> 3:15pm <b>Music Trivia with Patrina (AR)</b> 3:30pm <b>Tech Support: Just Ask Hubert! (AR)</b> 6:35pm <b>New Netflix Series: Offroad Ep. 5 (AR)</b>	10:15am <b>Move &amp; Groove with Patrina (AR)</b> 21 10:45am <b>Music in the Morning with Luke Sandford (MLC)</b> 1:00pm <b>Food Meeting with WestCana (AR)</b> 1:30pm <b>OUTING: SCENIC DRIVE (AR)</b> 2:00pm <b>Bingo (AR)</b> 6:35pm <b>Movie Night: The Wrong Paris (AR)</b>	<b>Rosh Chodesh</b> 22 10:15am <b>Keep Fit with Zakia (AR)</b> 11:00am <b>Current Events with Pat Johnson (AR)</b> 2:00pm <b>Bingo (AR)</b> 3:30pm <b>Sing Along with Trish (WL)</b> 4:00pm <b>Happy Hour (WL)</b> 6:35pm <b>Documentary Night: WHAM! (AR)</b>	<b>Rosh Chodesh</b> 23 10:15am <b>Keep Fit with Zakia (AR)</b> 10:45am <b>Manuel's Music with Roberto Risman (MLC)</b> 2:15pm <b>Thursday Afternoon Show with Steve Jensen (DR)</b> 3:30pm <b>Discussion Group with Dr. Norm Stein (WL)</b> 6:45pm <b>Thursday Night Bingo (AR)</b>	10:15am <b>Keep Fit with Zakia (AR)</b> 24 2:00pm <b>UBC School of Music in Performance (DR)</b> 3:30pm <b>Services (S)</b> 5:47pm <b>Light Candles at 5:46 p.m.</b>	<b>SHABBAT SHALOM</b> 25 This Week's Parsha is Noach 9:30am <b>Morning Services (S)</b> 6:42pm <b>Shabbat ends at 6:41 p.m.</b>
10:15am <b>Keep Fit Video (AR)</b> 26 2:15pm <b>A Gift of Music: Brian Flanagan in Performance (DR)</b> 6:35pm <b>New Netflix Series: Offroad Ep. 6 (AR)</b>	10:15am <b>Move &amp; Groove with Patrina (AR)</b> 27 10:15am <b>Havdalah (S)</b> 1:00pm <b>NEW: Fun Exploring Art with Sidi Schaffer (AR)</b> 3:15pm <b>Music Trivia with Patrina (AR)</b>	10:15am <b>Move &amp; Groove with Patrina (AR)</b> 28 10:45am <b>Music in the Morning with Patrizia Coletta (MLC)</b> 1:00pm <b>Food Meeting with WestCana (AR)</b> 2:00pm <b>Bingo (AR)</b> 3:15pm <b>Resident Council Meeting (DR)</b> 6:35pm <b>Movie Night: The Woman in Cabin 10 (AR)</b>	10:15am <b>Move &amp; Groove with Patrina (AR)</b> 29 11:00am <b>Current Events with Pat Johnson (AR)</b> 2:00pm <b>Bingo (AR)</b> 3:30pm <b>Sing Along with Trish (WL)</b> 4:00pm <b>Happy Hour (WL)</b> 6:35pm <b>Documentary Night: October 8 (AR)</b>	10:15am <b>Keep Fit with Zakia (AR)</b> 30 11:00am <b>Gordon Cherry Presents: Gustav Mahler the Genius of the Century (AR)</b> 2:15pm <b>Monthly Birthday Party with Sincerely Yours (DR)</b> 3:30pm <b>Discussion Group with Dr. Norm Stein (WL)</b> 6:45pm <b>Thursday Night Bingo (AR)</b>	<b>FLU SHOT CLINIC TODAY</b> 31 10:15am <b>Keep Fit with Zakia (AR)</b> 1:00pm <b>Flu Shot Clinic (AM2)</b> 1:00pm <b>NEW: Artful Moments (AR)</b> 3:30pm <b>Services (S)</b> 5:35pm <b>Light Candles at 5:34 p.m.</b>	