



OCTOBER 2025 MULTI-LEVEL CARE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<b>LOCATION</b> Activity Room (AR) Dining Room (DR) Louis Brier (LB) MLC (MLC) MLC Gym (MLC G) Synagogue (S) Weinberg Lounge (WL)		<b>EREV YOM KIPPUR</b> 1 Erev Yom Tov - Erev Holy Day <b>KOL NIDRE</b> <b>NATIONAL SENIORS DAY</b> 10:30am One on One Fitness (MLC G) 11:00am Musical Trivia (MLC) 2:00pm Bingo (AR) 3:30pm Sing Along with Trish (WL) 6:45pm Kol Nidre Services (S) 6:47pm Fast begins at 6:46 p.m. 6:55pm Light Candles at 6:32 p.m.	<b>YIZKOR</b> 2 <b>YOM KIPPUR</b> Yom Tov - Holy Day Yom Tov guidelines in place all day 9:00am Synagogue Services (S) 11:00am Yizkor (S) 1:30pm Mincha (S) 7:27pm Yom Kippur ends at 7:26 p.m.	10:00am One on One Fitness (MLC G) 3 11:00am Shabbat Music (MLC) 1:00pm NEW: Artful Moments (AR) 3:30pm Shabbat Melodies and Candle Lighting (MLC) 3:30pm Services (S) 6:29pm Light Candles at 6:28 p.m.	<b>SHABBAT SHALOM</b> 4 This Week's Parsha is Ha'azinu 9:30am Morning Services (S) 7:23pm Shabbat ends at 7:22 p.m.
2:15pm A Gift of Music: National Seniors Day Celebration with Music Variations (DR) 5 2:30pm Afternoon Movie (MLC)	<b>EREV SUKKOT</b> 6 Erev Yom Tov - Holy Day 10:15am Havdalah (S) 10:30am One on One Fitness (MLC G) 11:15am Movement to Music (MLC G) 6:23pm Light Candles at 6:22 p.m.	<b>FIRST DAY OF SUKKOT</b> 7 Yom Tov - Holy Day Yom Tov guidelines in place all day 9:30am Synagogue Services (S) 3:00pm Food Meeting with WestCana (MLC) 3:30pm Afternoon Music with Trish (MLC) 7:16pm Light Candles after 7:15 p.m.	<b>SECOND DAY OF SUKKOT</b> 8 Yom Tov - Holy Day Yom Tov guidelines in place all day 9:30am Synagogue Services (S) 7:14pm Yom Tov ends at 7:13 p.m.	<b>1st Intermediate Day of SUKKOT</b> 9 10:15am One on One Fitness (MLC G) 10:15am Keep Fit with Zakia 10:45am Manuel's Music with Dale Nichols (MLC) 2:15pm Thursday Afternoon Show with Koan Music (DR)	<b>2nd Intermediate Day of SUKKOT</b> 10 10:00am One on One Fitness (MLC G) 11:00am NEW: Rabbi Sally Finestone Presents - "Jewish Magic and Superstition" (AR) 11:00am Shabbat Music (MLC) 1:00pm NEW: Artful Moments (AR) 2:15pm Tea with Rabbi Stein & Vanessa in the Sukkah (LB) 3:30pm Shabbat Melodies and Candle Lighting (MLC) 3:30pm Services (S) 6:14pm Light Candles at 6:13 p.m.	<b>3rd Intermediate Day of SUKKOT</b> 11 <b>SHABBAT SHALOM</b> 9:30am Morning Services (S) 7:08pm Shabbat ends at 7:07 p.m.
<b>4th Intermediate Day of SUKKOT</b> 12 2:15pm A Gift of Music: Nick Apivor (DR) 2:30pm Afternoon Movie (MLC)	<b>STATUTORY HOLIDAY THANKSGIVING</b> 13 Hoshana Rabbah 4:00pm NEW Netflix Documentary: Island of the Sea Wolves Ep. 1 (MLC) 6:38pm Light Candles at 6:07 p.m.	<b>SHEMINI ATZERET</b> 14 <b>YIZKOR</b> Yom Tov - Holy Day Yom Tov guidelines in place all day 9:30am Synagogue Services (S) 11:00am Yizkor (S) 7:02pm Light Candles after 7:01 p.m.	<b>SIMCHAT TORAH</b> 15 Yom Tov - Holy Day Yom Tov guidelines in place all day 9:30am Synagogue Services (S) 6:56pm Yom Tov ends at 6:59pm	10:15am One on One Fitness (MLC G) 16 10:45am Manuel's Music with Barry Wilson (MLC) 2:15pm Thursday Afternoon Show with Peter Tam (DR) 2:30pm Chaplain Rob Retirement Celebration (S)	10:00am One on One Fitness (MLC G) 17 11:00am Shabbat Music (MLC) 1:00pm NEW: Artful Moments (AR) 3:30pm Shabbat Melodies and Candle Lighting (MLC) 3:30pm Services (S) 6:00pm Light Candles at 5:59 p.m.	<b>SHABBAT SHALOM</b> 18 This Week's Parsha is Bereishit 9:30am Morning Services (S) 6:55pm Shabbat ends at 6:54 p.m.
2:15pm A Gift of Music: Jen Lewin in Performance (DR) 19 2:30pm Afternoon Movie (MLC)	10:15am Havdalah (S) 20 10:30am One on One Fitness (MLC G) 11:15am Movement to Music (MLC G) 4:00pm NEW Netflix Documentary: Island of the Sea Wolves Ep. 2 (MLC)	10:00am One on One Fitness (MLC G) 21 10:45am Music in the Morning with Luke Sandford (MLC) 2:00pm Bingo (AR) 3:00pm Food Meeting with WestCana (MLC) 3:30pm Afternoon Music with Trish (MLC)	<b>Rosh Chodesh</b> 22 10:30am One on One Fitness (MLC G) 2:00pm Bingo (AR) 3:30pm Sing Along with Trish (WL)	<b>Rosh Chodesh</b> 23 10:15am One on One Fitness (MLC G) 10:45am Manuel's Music with Roberto Risman (MLC) 2:15pm Thursday Afternoon Show with Steve Jensen (DR)	10:00am One on One Fitness (MLC G) 24 11:00am Shabbat Music (MLC) 2:00pm UBC School of Music in Performance (DR) 3:30pm Shabbat Melodies and Candle Lighting (MLC) 3:30pm Services (S) 5:47pm Light Candles at 5:46 p.m.	<b>SHABBAT SHALOM</b> 25 This Week's Parsha is Noach 9:30am Morning Services (S) 6:42pm Shabbat ends at 6:41 p.m.
2:15pm A Gift of Music: Brian Flanagan in Performance (DR) 26 2:30pm Afternoon Movie (MLC)	10:15am Havdalah (S) 27 10:30am One on One Fitness (MLC G) 11:15am Movement to Music (MLC G) 4:00pm NEW Netflix Documentary: Island of the Sea Wolves Ep. 3 (MLC)	10:00am One on One Fitness (MLC G) 28 10:45am Music in the Morning with Patrizia Coletta (MLC) 2:00pm Bingo (AR) 3:00pm Food Meeting with WestCana (MLC)	10:30am One on One Fitness (MLC G) 29 11:00am Musical Trivia (MLC) 2:00pm Bingo (AR) 3:30pm Sing Along with Trish (WL)	10:15am One on One Fitness (MLC G) 30 10:45am Manuel's Music with Gustavo Herrera (MLC) 2:15pm Monthly Birthday Party with Sincerely Yours (DR)	10:00am One on One Fitness (MLC G) 31 11:00am Shabbat Music (MLC) 1:00pm NEW: Artful Moments (AR) 3:30pm Shabbat Melodies and Candle Lighting (MLC) 3:30pm Services (S) 5:35pm Light Candles at 5:34 p.m.	