

MARCH 2026 ASSISTED LIVING

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
10:15am Keep Fit Video (AR) 1 2:15pm A Gift of Music: Blue Lasso Band in Performance (DR) 6:35pm NEW Netflix Series: His & Hers Ep. 1 (AR)	FAST OF ESTHER 2 10:15am Move & Groove with Patrina (AR) 10:15am Havdalah (S) 11:00am Jeopardy! Games (AR) 1:00pm Fun Exploring Art with Sidi Schaffer (AR) 3:15pm Resident Council Meeting (DR) 6:35pm NEW Netflix Series: His & Hers Ep. 2 (AR)	PURIM 3 9:30am Services (S) 10:00am Megillah Reading (S) 10:45am Music in the Morning with Gustavo Herrera (MLC) 1:00pm Food Meeting with WestCana (WL) 2:00pm Purim Party with The Tzimmes Duo (DR) 6:35pm Movie Night: For Your Consideration (AR)	HONOURING INTERNATIONAL WOMEN'S DAY TODAY 4 Wear Purple Today 10:15am Move & Groove with Patrina (AR) 11:00am Current Events with Pat Johnson (AR) 2:00pm NEW: Seemah Levi z"l Bingo Hour (AR) 3:30pm Sing Along with Trish (WL) 4:00pm Purple-Themed Happy Hour (WL) 6:35pm Documentary Night: Jeffrey Epstein: Filthy Rich Ep. 1 - Hunting Grounds (AR)	10:15am Keep Fit with Zakia (AR) 5 10:45am Manuel's Music with Luke Sandford (MLC) 2:15pm Thursday Afternoon Show with Mike Kinal (DR) 3:30pm Discussion Group with Dr. Norm Stein (WL) 6:45pm Thursday Night Bingo (AR)	10:15am Keep Fit with Zakia (AR) 6 1:00pm Artful Moments (AR) 2:00pm Rabbi Sally Finestone Presents: "The Real Story of Purim" (AR) 3:30pm Shabbat Melodies and Candle Lighting (MLC) Light candles at 5:46 p.m.	SHABBAT SHALOM 7 This Weeks Parsha is Ki Tisa 9:30am Morning Services (S) Shabbat ends at 6:43 p.m.
DAYLIGHT SAVING TIME BEGINS INTERNATIONAL WOMEN'S DAY 8 10:15am Keep Fit Video (AR) 2:15pm A Gift of Music: Jen Lewin in Performance (DR) 6:35pm NEW Netflix Series: His & Hers Ep. 3 (AR)	10:15am Move & Groove with Patrina (AR) 9 10:15am Havdalah (S) 11:00am Jeopardy! Games (AR) 1:00pm Fun Exploring Art with Sidi Schaffer (AR) 6:35pm NEW Netflix Series: His & Hers Ep. 4 (AR)	10:15am Move & Groove with Patrina (AR) 10 10:45am Music in the Morning with Roberto Risman (MLC) 1:00pm Food Meeting with WestCana (WL) 2:00pm Bingo (AR) 6:35pm Movie Night: The Tender Bar (AR)	10:15am Keep Fit with Zakia (AR) 11 11:00am Gordon Cherry Presents: Joshua Bell Violin Virtuoso (AR) 2:00pm Bingo (AR) 4:00pm Happy Hour (WL) 6:35pm Documentary Night: Jeffrey Epstein: Filthy Rich Ep. 2 - Follow the Money (AR)	10:15am Keep Fit with Zakia (AR) 12 10:45am Manuel's Music with Ronald Sat (MLC) 2:15pm Thursday Afternoon Show with Pancho & Sal (DR) 3:30pm Discussion Group with Dr. Norm Stein (WL) 6:45pm Thursday Night Bingo (AR)	10:15am Keep Fit with Zakia (AR) 13 1:00pm Artful Moments (AR) 2:00pm Tea with Rabbi Stein (DR) 3:30pm Shabbat Melodies and Candle Lighting (MLC) Light candles at 6:57 p.m.	BLESSING OF THE NEW MONTH SHABBAT SHALOM 14 This Weeks Parsha is Vayakhel-Pekudei 9:30am Morning Services (S) Shabbat ends at 7:54 p.m.
10:15am Keep Fit Video (AR) 15 2:15pm A Gift of Music: Music Variations in Performance (DR) 6:35pm NEW Netflix Series: His & Hers Ep. 5 (AR)	10:15am Move & Groove with Patrina (AR) 16 10:15am Havdalah (S) 11:00am A Little Aloud with Marsha Simmons (AR) 1:00pm Outing to Vancouver Art Gallery: Fun Exploring Art with Sidi Schaffer (AR) 6:35pm NEW Netflix Series: His & Hers Ep. 6 (Final Episode) (AR)	10:15am Move & Groove with Patrina (AR) 17 10:45am Music in the Morning with Greg Alcock (MLC) 1:00pm Food Meeting with WestCana (WL) 2:00pm Bingo (AR) 6:35pm Movie Night: The Grand Budapest Hotel (AR)	READY, SET, BLOOM! HELLO SPRING! 18 10:15am Move & Groove with Patrina (AR) 12:00pm Spring Luncheon (DR) 2:00pm Bingo (AR) 3:30pm Sing Along with Trish (WL) 4:00pm Spring-Themed Happy Hour (WL) 6:35pm Documentary Night: Jeffrey Epstein: Filthy Rich Ep. 3 - The Island (AR)	10:15am Keep Fit with Zakia (AR) 19 10:45am Manuel's Music with Steve Jensen (MLC) 2:15pm Thursday Afternoon Show with Wendy Bross Stuart & Maisie Meneer: "Music Makes the World Go 'Round" (DR) 3:30pm Discussion Group with Dr. Norm Stein (WL) 6:45pm Thursday Night Bingo (AR)	10:15am Keep Fit with Zakia (AR) 20 1:00pm Artful Moments (AR) 3:30pm Shabbat Melodies and Candle Lighting (MLC) Light candles at 7:08 p.m.	SHABBAT SHALOM 21 This Weeks Parsha is Vayikra 9:30am Morning Services (S) Shabbat ends at 8:05 p.m.
10:15am Keep Fit Video (AR) 22 2:15pm A Gift of Music: Lester Soo in Performance (DR) 6:35pm NEW Netflix Series: No One Saw Us Leave Ep. 1 (AR)	10:15am Move & Groove with Patrina (AR) 23 10:15am Havdalah (S) 11:00am Jeopardy! Games (AR) 1:00pm Fun Exploring Art with Sidi Schaffer (AR) 3:30pm Tech Support: Just Ask Hubert! (WL) 6:35pm NEW Netflix Series: No One Saw Us Leave Ep. 2 (AR)	10:15am Move & Groove with Patrina (AR) 24 10:45am Music in the Morning with Barry Wilson (MLC) 1:00pm Food Meeting with WestCana (WL) 2:00pm Bingo (AR) 6:35pm Movie Night: The Swedish Connection (AR)	10:15am Keep Fit with Zakia (AR) 25 11:00am Current Events with Pat Johnson (AR) 2:00pm Bingo (AR) 3:30pm Sing Along with Trish (WL) 4:00pm Happy Hour (WL) 6:35pm Documentary Night: Jeffrey Epstein: Filthy Rich Ep. 4 - Finding Their Voice (AR)	10:15am Keep Fit with Zakia (AR) 26 10:45am Manuel's Music with Dale Nichols (MLC) 2:15pm Monthly Birthday Party with Roberto Risman (DR) 3:30pm Discussion Group with Dr. Norm Stein (WL) 6:45pm Thursday Night Bingo (AR)	10:15am Keep Fit with Zakia (AR) 27 1:00pm Artful Moments (AR) 3:30pm Shabbat Melodies and Candle Lighting (MLC) Light candles at 7:18 p.m.	SHABBAT SHALOM 28 This Weeks Parsha is Tzav 9:30am Morning Services (S) Shabbat ends at 8:16 p.m.
10:15am Keep Fit Video (AR) 29 2:15pm A Gift of Music: The "Suzir'ya" String Quartet in Performance (DR) 6:35pm NEW Netflix Series: No One Saw Us Leave Ep. 3 (AR)	10:15am Move & Groove with Patrina (AR) 30 10:15am Havdalah (S) 11:00am Jeopardy! Games (AR) 1:00pm Fun Exploring Art with Sidi Schaffer (AR) 6:35pm NEW Netflix Series: No One Saw Us Leave Ep. 4 & 5 (Final Episodes) (AR)	10:15am Move & Groove with Patrina (AR) 31 10:45am Music in the Morning with Peter Tam (MLC) 1:00pm Food Meeting with WestCana (WL) 2:00pm Bingo (AR) 6:35pm Movie Night: Bugonia (AR)	LOCATION Activity Room (AR) Dining Room (DR) MLC (MLC) Synagogue (S) Weinberg Lounge (WL)			