





# MAY 2026 MULTI-LEVEL CARE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <b>WEINBERG RESIDENCE</b>	<b>LOCATION</b> Activity Room (AR) Dining Room (DR) MLC (MLC) MLC Gym (MLC G) Synagogue (S) Weinberg Lounge (WL)				10:00am One on One Fitness (MLC G) <sup>1</sup> 11:00am Shabbat Music (MLC) 2:00pm Rabbi Sally Finestone Presents: "The Ten Commandments" (AR) 3:30pm Shabbat Melodies and Candle Lighting (MLC) Light candles at 8:11 p.m.	<b>SHABBAT SHALOM</b> <sup>2</sup> This Week's Parsha is Emor 9:30am Morning Services (S) Shabbat ends at 9:15 p.m.
1:00pm Artful Moments (AR) <sup>3</sup> 2:30pm <b>Afternoon Movie (MLC)</b>	10:15am Havdalah (S) <sup>4</sup> 10:30am <b>One on One Fitness (MLC G)</b> 11:15am <b>Movement to Music (MLC G)</b> 1:00pm Fun Exploring Art with Sidi Schaffer (AR) 3:30pm <b>Music Exploration (MLC)</b>	10:00am One on One Fitness (MLC G) <sup>5</sup> 2:00pm Bingo (AR) 3:00pm Food Meeting with WestCana (MLC) 3:30pm <b>Afternoon Music with Trish (MLC)</b>	<b>ROUND THE WORLD: MEXICO/CINCO DE MAYO</b> <sup>6</sup> 10:30am One on One Fitness (MLC G) 11:00am <b>Musical Trivia (MLC)</b> 2:00pm <b>Seemah Levi z"l Bingo Hour (AR)</b> 3:30pm <b>Sing Along with Trish (WL)</b> 4:00pm <b>Afternoon Documentary: Mexico Made with Love (MLC)</b> 5:00pm <b>Mexican- Themed Dinner (DR)</b>	10:15am One on One Fitness (MLC G) <sup>7</sup> 10:45am <b>Manuel's Music with John Gilliat (MLC)</b> 2:15pm <b>Thursday Afternoon Show with OMC (DR)</b>	10:00am One on One Fitness (MLC G) <sup>8</sup> 10:45am <b>Songs and Stories with Rabbi Andrew Rosenblatt &amp; Cantor Orzech (WL)</b> 2:30pm <b>Mother's Day Tea with Vanessa (DR)</b> 3:30pm <b>Shabbat Melodies and Candle Lighting (MLC)</b> Light candles at 8:22 p.m.	<b>SHABBAT SHALOM</b> <sup>9</sup> This week's Parsha is Behar-Bechukotai 9:30am Morning Services (S) Shabbat ends at 9:25 p.m.
<b>HAPPY MOTHER'S DAY</b> <sup>10</sup> 12:00pm <b>Mother's Day Lunch (DR)</b> 1:00pm Artful Moments (AR) 2:15pm <b>Mother's Day Celebration: Luke Sandford in Performance (DR)</b> 2:30pm <b>Afternoon Movie (MLC)</b>	<b>NATIONAL NURSING WEEK - MAY 11-15</b> <sup>11</sup> 10:15am Havdalah (S) 10:30am <b>One on One Fitness (MLC G)</b> 11:15am <b>Movement to Music (MLC G)</b> 1:00pm Fun Exploring Art with Sidi Schaffer (AR) 2:30pm <b>NEW: "Wisdom &amp; Wonder- Exploring Jewish Texts" with Rabbi Nina King- Madlem (AR)</b> 3:30pm <b>Music Exploration (MLC)</b>	10:00am One on One Fitness (MLC G) <sup>12</sup> 2:00pm Bingo (AR) 3:00pm Food Meeting with WestCana (MLC) 3:30pm <b>Afternoon Music with Trish (MLC)</b>	10:30am One on One Fitness (MLC G) <sup>13</sup> 11:00am <b>Musical Trivia (MLC)</b> 2:00pm Bingo (AR) 3:30pm <b>Sing Along with Trish (WL)</b> 4:00pm <b>Afternoon Documentary: The Dinosaurs Ep. 4 (MLC)</b>	10:15am One on One Fitness (MLC G) <sup>14</sup> 10:45am <b>Manuel's Music with Gord Kearney (MLC)</b> 2:15pm <b>Thursday Afternoon Show with Mike Kinal (DR)</b>	10:00am One on One Fitness (MLC G) <sup>15</sup> 11:00am <b>Shabbat Music (MLC)</b> 2:00pm <b>Tea with Rabbi Stein (AR)</b> 3:30pm <b>Shabbat Melodies and Candle Lighting (MLC)</b> Light candles at 8:32 p.m.	<b>SHABBAT SHALOM</b> <sup>16</sup> This week's Parsha is Bamidbar 9:30am Morning Services (S) Shabbat ends at 9:38 p.m.
1:00pm Artful Moments (AR) <sup>17</sup> 2:30pm <b>Afternoon Movie (MLC)</b>	<b>STATUTORY HOLIDAY VICTORIA DAY</b> <sup>18</sup> 2:30pm <b>Afternoon Movie (MLC)</b>	10:00am One on One Fitness (MLC G) <sup>19</sup> 10:15am <b>Resident Memorial Service (S)</b> 2:00pm Bingo (AR) 3:00pm Food Meeting with WestCana (MLC) 3:30pm <b>Afternoon Music with Trish (MLC)</b>	10:30am One on One Fitness (MLC G) <sup>20</sup> 11:00am <b>Musical Trivia (MLC)</b> 2:00pm Bingo (AR) 3:30pm <b>Sing Along with Trish (WL)</b> 4:00pm <b>Afternoon Documentary: Doing Jewish: A Story from Ghana (MLC)</b>	<b>EREV SHAVUOT</b> <sup>21</sup> 10:15am One on One Fitness (MLC G) 10:45am <b>Manuel's Music with Nick Apivor (MLC)</b> 2:15pm <b>Thursday Afternoon Show with Patrizia Coletta (DR)</b> Light candles at 8:39 p.m.	<b>SHAVUOT</b> <sup>22</sup> Yom Tov (Holy Day) Yom Tov Guidelines in Effect All Day 9:30am <b>Morning Services (S)</b> 11:00am <b>Shabbat Music (MLC)</b> Light candles at 8:41 p.m.	<b>SHAVUOT</b> <sup>23</sup> YIZKOR Yom Tov (Holy Day) Yom Tov Guidelines in Effect All Day <b>SHABBAT SHALOM</b> 9:30am <b>Morning Services (S)</b> 11:00am <b>Yizkor (S)</b> Shabbat ends at 9:48 p.m.
1:00pm Artful Moments (AR) <sup>24</sup> 2:30pm <b>Afternoon Movie (MLC)</b>	10:15am Havdalah (S) <sup>25</sup> 10:30am <b>One on One Fitness (MLC G)</b> 11:15am <b>Movement to Music (MLC G)</b> 1:00pm Fun Exploring Art with Sidi Schaffer (AR) 2:30pm <b>NEW: "Wisdom &amp; Wonder- Exploring Jewish Texts" with Rabbi Nina King- Madlem (AR)</b> 3:30pm <b>Music Exploration (MLC)</b>	10:00am One on One Fitness (MLC G) <sup>26</sup> 2:00pm Bingo (AR) 3:00pm Food Meeting with WestCana (MLC) 3:15pm <b>Resident Council Meeting (DR)</b> 3:30pm <b>Afternoon Music with Trish (MLC)</b>	10:30am One on One Fitness (MLC G) <sup>27</sup> 11:00am <b>Musical Trivia (MLC)</b> 2:00pm Bingo (AR) 3:30pm <b>Sing Along with Trish (WL)</b> 4:00pm <b>Afternoon Documentary: Yentl (MLC)</b>	10:15am One on One Fitness (MLC G) <sup>28</sup> 10:45am <b>Manuel's Music with Gustavo Herrera (MLC)</b> 2:15pm <b>Monthly Birthday Party with Music Variations (DR)</b>	10:00am One on One Fitness (MLC G) <sup>29</sup> 11:00am <b>Shabbat Music (MLC)</b> 3:30pm <b>Shabbat Melodies and Candle Lighting (MLC)</b> Light candles at 8:49 p.m.	<b>SHABBAT SHALOM</b> <sup>30</sup> This Week's Parsha is Nasso 9:30am <b>Morning Services (S)</b> Shabbat ends at 9:58 p.m.
1:00pm Artful Moments (AR) <sup>31</sup> 2:30pm <b>Afternoon Movie (MLC)</b>						