


JUNE 2026 MULTI-LEVEL CARE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
	BC SENIORS WEEK STARTS TODAY 1 10:15am Havdalah (S) 10:30am One on One Fitness (MLC G) 11:15am Movement to Music (MLC G) 1:00pm Fun Exploring Art with Sidi Schaffer (AR) 3:30pm Music Exploration (MLC)	10:00am The Farm Friends Petting Zoo (LB) 2 10:00am One on One Fitness (MLC G) 10:45am Music in the Morning with Greg Alcock (MLC) 2:00pm Bingo (AR) 3:00pm Food Meeting with WestCana (MLC) 3:30pm Afternoon Music with Trish (MLC)	SENIORS WEEK BBQ TODAY 3 10:30am One on One Fitness (MLC G) 11:00am Musical Trivia (MLC) 12:00pm BBQ Lunch (DR) 2:00pm Seemah Levi z"l Bingo Hour (AR) 3:30pm Sing Along with Trish (WL)	10:15am One on One Fitness (MLC G) 4 10:45am Manuel's Music with Barry Wilson (MLC) 2:15pm Thursday Afternoon Show with Lester Soo (DR)	10:00am One on One Fitness (MLC G) 5 11:00am Shabbat Music (MLC) 1:30pm Seniors Week Celebration: Wendy Stuart and Rebecca Talbot in Performance (DR) 2:30pm Rabbi Sally Finestone Presents: "Old But Wise: The Jewish View on Aging" (AR) 3:30pm Shabbat Melodies and Candle Lighting (MLC) 8:55pm Light candles at 8:55 p.m.	SHABBAT SHALOM 6 9:00am This Week's Parsha is Behaalotecha 9:30am Morning Services (S) 10:06pm Shabbat ends at 10:06 p.m.	
	1:00pm Afternoon Stroll with Mark (AR) 7 2:15pm A Gift of Music: Seniors Week Celebration in honour of Seemah Levi z"l: Patrizia Coletta in Performance (DR) 2:30pm Sunny Days Cinema: Holiday in the Wild (MLC)	10:15am Havdalah (S) 8 10:30am One on One Fitness (MLC G) 11:15am Movement to Music (MLC G) 1:00pm Fun Exploring Art with Sidi Schaffer (AR) 2:30pm "Wisdom & Wonder- Exploring Jewish Texts" with Rabbi Nina King- Madlem (AR) 3:30pm Music Exploration (MLC)	10:00am One on One Fitness (MLC G) 9 10:45am Music in the Morning with 2-4-U (MLC) 2:00pm Bingo (AR) 3:00pm Food Meeting with WestCana (MLC) 3:30pm Eye Health Presentation by Specsavers: Dr. Matthew Pham and Jarred Collet (AR) 3:30pm Afternoon Music with Trish (MLC)	10:30am One on One Fitness (MLC G) 10 11:00am Musical Trivia (MLC) 2:00pm Bingo (AR) 3:30pm Sing Along with Trish (WL)	10:15am One on One Fitness (MLC G) 11 10:45am Manuel's Music with Bob Collins (MLC) 2:15pm Thursday Afternoon Show with Rio Samaya Band (DR)	10:00am One on One Fitness (MLC G) 12 11:00am Shabbat Music (MLC) 2:00pm Afternoon Tea in Memory of Dr. Norman Stein z"l with the Concert "Schubertiade" (DR) 3:30pm Shabbat Melodies and Candle Lighting (MLC) 9:00pm Light candles at 9:00 p.m.	SHABBAT SHALOM 13 9:00am This Week's Parsha is Shelach 9:30am Morning Services (S) 10:11pm Shabbat ends at 10:11 p.m.
	1:00pm Artful Moments (AR) 14 2:15pm A Gift of Music: Koan Music in Performance (DR) 2:30pm Sunny Days Cinema: Remarkably Bright Creatures (MLC)	10:15am Havdalah (S) 15 10:30am One on One Fitness (MLC G) 11:15am Movement to Music (MLC G) 1:00pm Fun Exploring Art with Sidi Schaffer (AR) 3:30pm Music Exploration (MLC)	10:00am One on One Fitness (MLC G) 16 10:45am Music in the Morning with Peter Tam (MLC) 1:30pm OUTING: SCENIC DRIVE (WL) 3:00pm Food Meeting with WestCana (MLC) 3:30pm Afternoon Music with Trish (MLC)	HELLO SUMMER BBQ TODAY 17 10:30am One on One Fitness (MLC G) 11:00am Musical Trivia (MLC) 2:00pm Bingo (AR) 3:30pm Sing Along with Trish (WL) 5:00pm Hello Summer BBQ Dinner (MLC)	10:15am One on One Fitness (MLC G) 18 10:45am Manuel's Music with Robert Sproviero (MLC) 2:15pm Thursday Afternoon Show with Mark Hoepfner (DR)	10:00am One on One Fitness (MLC G) 19 11:00am Shabbat Music (MLC) 2:30pm Welcome Summer Tea with Vanessa (DR) 3:30pm Shabbat Melodies and Candle Lighting (MLC) 9:03pm Light candles at 9:03 p.m.	SHABBAT SHALOM 20 9:00am This Week's Parsha is Korach 9:30am Morning Services (S) 10:14pm Shabbat ends at 10:14 p.m.
	1ST DAY OF SUMMER BETTY WENIGER'S 100th BIRTHDAY FATHER'S DAY 21 1:00pm Afternoon Stroll with Mark (AR) 2:15pm A Gift of Music: Father's Day Celebration: Steve Jensen in Performance (DR) 2:30pm Sunny Days Cinema: Jerry & Marge Go Large (MLC)	10:15am Havdalah (S) 22 10:30am One on One Fitness (MLC G) 11:15am Movement to Music (MLC G) 1:00pm Fun Exploring Art with Sidi Schaffer (AR) 2:30pm "Wisdom & Wonder- Exploring Jewish Texts" with Rabbi Nina King- Madlem (AR) 3:30pm Music Exploration (MLC)	10:00am One on One Fitness (MLC G) 23 10:45am Music in the Morning with NEW Performer: Tom Markham (MLC) 2:00pm Bingo (AR) 3:00pm Food Meeting with WestCana (MLC) 3:30pm Afternoon Music with Trish (MLC)	10:30am One on One Fitness (MLC G) 24 11:00am Musical Trivia (MLC) 2:00pm Bingo (AR) 3:30pm Sing Along with Trish (WL)	10:15am One on One Fitness (MLC G) 25 10:45am Manuel's Music with Roberto Risman (MLC) 2:15pm Monthly Birthday Party with Goldie Oldie Trio (DR)	10:00am One on One Fitness (MLC G) 26 11:00am Shabbat Music (MLC) 3:30pm Shabbat Melodies and Candle Lighting (MLC) 9:04pm Light candles at 9:04 p.m.	SHABBAT SHALOM 27 9:00am This Weeks Parsha is Chukat-Balak 9:30am Morning Services (S) 10:14am Shabbat ends at 10:14 p.m.
	1:00pm Artful Moments (AR) 28 2:15pm A Gift of Music: OMC in Performance (DR) 2:30pm Sunny Days Cinema: The Four Seasons (MLC)	10:15am Havdalah (S) 29 10:30am One on One Fitness (MLC G) 11:15am Movement to Music (MLC G) 1:00pm Fun Exploring Art with Sidi Schaffer (AR) 3:30pm Music Exploration (MLC)	10:00am One on One Fitness (MLC G) 30 10:45am Music in the Morning with Gustavo Herrera (MLC) 2:00pm Bingo (AR) 3:00pm Food Meeting with WestCana (MLC) 3:30pm Afternoon Music with Trish (MLC)	LOCATION Activity Room (AR) Dining Room (DR) Louis Brier (LB) MLC (MLC) MLC Gym (MLC G) Synagogue (S) Weinberg Lounge (WL)	