

AUGUST 2026 ASSISTED LIVING

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	LOCATION Activity Room (AR) Amenity Room (AR) Dining Room (DR) Louis Brier (LB)	LOCATION MLC (MLC) Synagogue (S) Weinberg Lounge (WL) patio (Patio)				This Week's Parsha is Eikev SHABBAT SHALOM 9:30am Morning Services (S) Shabbat ends at 9:37 p.m. 1
10:15am Keep Fit with Mark (AR) 2 1:00pm Afternoon Stroll with Mark (WL) 2:15pm In Memory of Basil Kallner z"l: A Gift of Music: Tom Markham in Performance (DR) 3:30pm Program Meeting with Mark (AR) 6:35pm New Netflix Series: Little House on the Prairie Ep. 1 (AR)	BC DAY STATUTORY HOLIDAY 3 10:15am Keep Fit Video (AR) 11:00am A Little Aloud with Marsha Simmons (AR) 6:35pm New Netflix Series: Little House on the Prairie Ep. 2 (AR)	10:15am Move & Groove with Mark (AR) 4 10:45am In Memory of Basil Kallner z"l: Music in the Morning with Gustavo Herrera (MLC) 1:00pm Food Meeting with WestCana (WL) 2:00pm Bingo (AR) 6:35pm Movie Night: Summer Camp (AR)	BC DAY BBQ TODAY 5 10:15am Keep Fit with Mark (AR) 12:00pm BC Day BBQ Lunch (DR) 2:00pm Seemah Levi z"l Bingo Hour (AR) 3:30pm Sing Along with Trish (WL) 4:00pm BC Day Happy Hour (WL)	10:15am Keep Fit with Mark (AR) 6 10:45am Manuel's Music with Mike Kinal (MLC) 2:15pm Thursday Afternoon Show with Sincerely Yours (DR) 6:45pm Thursday Night Bingo with Alissa Segal (AR)	10:15am Keep Fit Video (AR) 7 3:30pm Shabbat Melodies and Candle Lighting (MLC) Light candles at 8:24 p.m.	This Week's Parsha is Re'eh SHABBAT SHALOM 9:30am Morning Services (S) Shabbat ends at 9:24 p.m. 8
10:15am Keep Fit with Mark (AR) 9 1:00pm The Book Exchange Club (AR) 2:15pm In Memory of Basil Kallner z"l: A Gift of Music: Goldie Oldie Trio in Performance (DR) 6:35pm New Netflix Series: Little House on the Prairie Ep. 3 (AR)	10:15am Keep Fit Video (AR) 10 10:15am Havdalah (S) 1:00pm Fun Exploring Art with Sidi Schaffer (AR) 3:30pm Resident Council Meeting & 2026 Election (AR) 6:45pm Summer Music on the Patio with Rio Samaya Band (Patio)	10:15am Move & Groove with Mark (AR) 11 10:45am In Memory of Basil Kallner z"l: Music in the Morning with Luke Sandford (MLC) 1:00pm Food Meeting with WestCana (WL) 1:30pm SUMMER OUTING: Spanish Banks with Vanessa and Mark (WL) 6:35pm Movie Night: Project Hail Mary (AR)	10:15am Keep Fit with Mark (AR) 12 11:00am NEW: A Little Aloud with Jenny Glickman- Rynd (AR) 1:30pm Vintage Car Show (LB) 2:00pm Bingo (AR) 3:30pm Sing Along with Trish (WL) 4:00pm Happy Hour (WL) 6:35pm Documentary Night: Over British Columbia (AR)	10:15am Keep Fit with Mark (AR) 13 10:45am Manuel's Music with Roberto Risman (MLC) 2:15pm Thursday Afternoon Show with Eric Hartman (DR) 6:45pm Thursday Night Bingo with Alissa Segal (AR)	POPSICLE PALOOZA TODAY 14 10:15am Keep Fit Video (AR) 2:00pm Popsicle Palooza with Rabbi Stein (DR) 3:30pm Shabbat Melodies and Candle Lighting (MLC) Light candles at 8:12 p.m.	This Week's Parsha is Shoftim SHABBAT SHALOM 9:30am Morning Services (S) Shabbat ends at 9:10 p.m. 15
10:15am Keep Fit with Mark (AR) 16 1:00pm Afternoon Stroll with Mark (WL) 2:15pm In Memory of Basil Kallner z"l: A Gift of Music: Patrizia Coletta in Performance (DR) 6:35pm New Netflix Series: Little House on the Prairie Ep. 4 (AR)	10:15am Move & Groove with Mark (AR) 17 10:15am Havdalah (S) 11:00am Jeopardy! Games (AR) 1:00pm Fun Exploring Art with Sidi Schaffer (AR) 6:35pm New Netflix Series: Little House on the Prairie Ep. 5 (AR)	10:15am Move & Groove with Mark (AR) 18 10:45am In Memory of Basil Kallner z"l: Music in the Morning with Peter Tam (MLC) 1:00pm Food Meeting with WestCana (WL) 2:00pm Bingo (AR) 6:35pm Movie Night: The Hustle (AR)	24TH ANNIVERSARY CELEBRATION 19 10:15am Keep Fit with Mark (AR) 2:00pm Anniversary Wine & Cheese Celebration (Patio) 6:35pm Documentary Night: The Wild Pacific (AR)	10:15am Keep Fit with Mark (AR) 20 10:45am Manuel's Music with John Gilliat (MLC) 2:15pm Thursday Afternoon Show with Lester Soo (DR) 3:30pm NEW: Book Talk with Deborah Ross- Grayman: Voices of Resilience: An Anthology of Stories (AR) 6:45pm Thursday Night Bingo with Alissa Segal (AR)	10:15am Keep Fit Video (AR) 21 3:30pm Shabbat Melodies and Candle Lighting (MLC) Light candles at 7:59 p.m.	This Week's Parsha is Ki Teitzei SHABBAT SHALOM 9:30am Morning Services (S) Shabbat ends at 8:56 p.m. 22
10:15am Keep Fit with Mark (AR) 23 1:00pm New: Fascinating Stories (AR) 2:15pm In Memory of Basil Kallner z"l: A Gift of Music: Greg Alcock in Performance (DR) 6:35pm New Netflix Series: Little House on the Prairie Ep. 6 (AR)	10:15am Keep Fit Video (AR) 24 10:15am Havdalah (S) 1:00pm Fun Exploring Art with Sidi Schaffer (AR) 6:45pm Summer Music on the Patio with Shylo Sharity (Patio)	10:15am Move & Groove with Mark (AR) 25 10:45am In Memory of Basil Kallner z"l: Music in the Morning with Barry Wilson (MLC) 1:00pm Food Meeting with WestCana (WL) 1:30pm SUMMER OUTING: Gelato by the Waterfront in Steveston (WL) 6:35pm Movie Night: The Sheep Detectives (AR)	BLACK & WHITE BBQ TODAY 26 10:15am Keep Fit with Mark (AR) 2:00pm Bingo (AR) 4:00pm Black & White- Themed Happy Hour (WL) 5:30pm Black & White BBQ Dinner (DR) 6:35pm Documentary Night: Shipwrecked: Nightmare at Sea (AR)	10:15am Keep Fit with Mark (AR) 27 10:45am Manuel's Music with Robert Sproviero (MLC) 2:15pm Monthly Birthday Party with OMC (DR) 6:45pm Thursday Night Bingo with Alissa Segal (AR)	10:15am Keep Fit Video (AR) 28 3:30pm Shabbat Melodies and Candle Lighting (MLC) Light candles at 7:47 p.m.	This Week's Parsha is Ki Tavo SHABBAT SHALOM 9:30am Morning Services (S) Shabbat ends at 8:43 p.m. 29
10:15am Keep Fit with Mark (AR) 30 1:00pm Afternoon Stroll with Mark (WL) 2:15pm In Memory of Basil Kallner z"l: A Gift of Music: Bob Collins in Performance (DR) 6:35pm New Netflix Series: Little House on the Prairie Ep. 7 (AR)	10:15am Move & Groove with Mark (AR) 31 10:15am Havdalah (S) 11:00am Jeopardy! Games (AR) 1:00pm Fun Exploring Art with Sidi Schaffer (AR) 3:00pm "Wisdom & Wonder- Exploring Jewish Texts" with Rabbi Nina King- Madlem (AR) 3:30pm Tech Support: Just Ask Hubert! 6:35pm New Netflix Series: Little House on the Prairie Ep. 8 (AR)					