

SEPTEMBER 2026 ASSISTED LIVING						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	LOCATION Activity Room (AR) Dining Room (DR) Louis Brier (LB) MLC (MLC) Synagogue (S) Weinberg Lounge (WL)	10:15am Move & Groove with Mark (AR) 1 10:45am IN MEMORY OF BASIL KALLNER z"l: Music in the Morning with Nick Apivor (MLC) 1:00pm Food Meeting with WestCana (WL) 2:00pm Bingo (AR) 3:30pm Program Meeting with Mark (AR) 6:35pm Movie Night: Max (AR)	LABOUR DAY BBQ TODAY 2 10:15am Keep Fit with Mark (AR) 12:00pm Labour Day BBQ Lunch (DR) 2:00pm Bingo (AR) 4:00pm Labour Day Happy Hour (WL) 6:35pm Documentary Night: Big Chicken: A Fast Food Conspiracy (AR)	10:15am Keep Fit with Mark (AR) 3 10:45am Manuel's Music with Darryl Klassen (MLC) 2:15pm IN MEMORY OF JOYCE WAISMAN z"l: Thursday Afternoon Show with Bobby Bacchus (DR) 6:45pm Thursday Night Bingo with Rachel Porte (AR)	10:15am Keep Fit Video (AR) 4 2:00pm Tea with Rabbi Stein (DR) 3:30pm Shabbat Melodies and Candle Lighting (MLC) Light candles at 7:30 p.m.	SHABBAT SHALOM 5 This Week's Parsha is Nitzavim- Vayelech 9:30am Morning Services (S) Shabbat ends at 8:25 p.m.
MARK AWAY TODAY 6 10:15am Keep Fit Video (AR) 2:15pm IN MEMORY OF BASIL KALLNER z"l: A Gift of Music: Patrizia Coletta in Performance (DR) 6:35pm New Netflix Series: The Bombing of Pan Am 103 Ep. 1 (AR)	LABOUR DAY STATUTORY HOLIDAY 7 10:15am Keep Fit Video (AR) 11:00am A Little Aloud with Marsha Simmons (AR) 6:35pm New Netflix Series: The Bombing of Pan Am 103 Ep. 2 (AR)	10:15am Move & Groove with Mark (AR) 8 10:45am IN MEMORY OF BASIL KALLNER z"l: Music in the Morning with Anna de Pansacola (MLC) 1:00pm Food Meeting with WestCana (WL) 1:30pm OUTING: Shopping at the New Safeway Oakridge Park (WL) 6:35pm Movie Night: Midway (AR)	10:15am Keep Fit with Mark (AR) 9 11:00am GORDON CHERRY PRESENTS: Bach and his Admirers (AR) 2:00pm Indigenous Women Rise Society Drumming Performance (LB) 2:00pm Bingo (AR) 4:00pm Happy Hour (WL) 6:35pm Documentary Night: A Toxic Love Story (AR)	10:15am Keep Fit with Mark (AR) 10 10:45am Manuel's Music with Mike Kinal (MLC) 2:15pm Thursday Afternoon Show with NEW Performer: Mark and Doe Bender (DR) 4:00pm NEW: UBC Medical Students Present: Ear, Nose & Throat – Hearing Loss (AR) 6:45pm Thursday Night Bingo with Rachel Porte (AR)	EREV ROSH HASHANAH 11 Erev Yom Tov (Holy Day) 10:15am Keep Fit Video (AR) 2:30pm Rosh Hashanah Tea with Vanessa (DR) Light candles at 7:16 p.m.	Yom Tov (Holy Day) 12 Yom Tov Guidelines in Effect All Day FIRST DAY OF ROSH HASHANAH SHABBAT SHALOM 9:30am Morning Services (S) 12:30pm Kiddush (S) Light candles after 8:10 p.m.
SECOND DAY OF ROSH HASHANAH 13 Yom Tov (Holy Day) Yom Tov Guidelines in Effect All Day 9:30am Morning Services (S) 10:30am Shofar Blowing (S) 12:30pm Kiddush (S) 2:00pm Taslich (LB) 8:08 p.m. Yom Tov ends at 8:08 p.m.	FAST OF GEDALIAH 14 10:15am Move & Groove with Mark (AR) 10:15am Havdalah (S) 11:00am Jeopardy! Games (AR) 1:00pm Fun Exploring Art with Sidi Schaffer (AR) 3:00pm "Wisdom & Wonder- Exploring Jewish Texts" with Rabbi Nina King- Madlem (AR) 6:35pm New Netflix Series: The Bombing of Pan Am 103 Ep. 3 (AR) Fast ends at 8:01 p.m.	10:15am Move & Groove with Mark (AR) 15 10:45am IN MEMORY OF BASIL KALLNER z"l: Music in the Morning with Luke Sandford (MLC) 1:00pm Food Meeting with WestCana (WL) 2:00pm Bingo (AR) 6:35pm Movie Night: The Pink Panther (AR)	HELLO FALL BBQ TODAY 16 10:15am Keep Fit with Mark (AR) 10:30am Resident Memorial Service (S) 2:00pm Bingo (AR) 3:30pm Sing Along with Trish (WL) 4:00pm Hello Fall Happy Hour (WL) 5:30pm Hello Fall BBQ Dinner (DR) 6:35pm Documentary Night: Lightheaded: A Gordon Lightfoot State of Mind (AR)	10:15am Keep Fit with Mark (AR) 17 10:45am Manuel's Music with Koan Music (MLC) 2:15pm NATIONAL GRANDPARENTS DAY CELEBRATION: Thursday Afternoon Show with NEW Performer: Kurt von Hahn (DR) 4:00pm NEW: UBC Medical Students Present: Endocrinology & Diabetes (AR) 6:45pm Thursday Night Bingo with Rachel Porte (AR)	10:15am Keep Fit Video (AR) 18 2:00pm RABBI SALLY FINESTONE PRESENTS: " The Power of the Days of Awe" (AR) 3:30pm Shabbat Melodies and Candle Lighting (MLC) Light candles at 7:00 p.m.	SHABBAT SHALOM 19 This Week's Parsha is Ha'azinu 9:30am Morning Services (S) Shabbat ends at 7:54 p.m.
EREV YOM KIPPUR 20 Erev Yom Tov (Holy Day) KOL NIDRE 10:15am Keep Fit with Mark (AR) 1:00pm Artful Moments (AR) 2:15pm IN MEMORY OF BASIL KALLNER z"l: A Gift of Music: Celestial Group in Performance (DR) 6:45pm Kol Nidre (S) 6:56 p.m. Light candles at 6:56 p.m. Fast begins at 7:10 p.m.	YIZKOR YOM KIPPUR 21 Yom Tov (Holy Day) Yom Tov Guidelines in Effect All Day 9:30am Morning Services (S) 11:00am Yizkor (S) 1:30pm Mincha (S) Yom Kippur ends at 7:50 p.m.	10:15am Move & Groove with Mark (AR) 22 10:45am IN MEMORY OF BASIL KALLNER z"l: Music in the Morning with Dale Nichols (MLC) 1:00pm Food Meeting with WestCana (WL) 1:30pm OUTING: Bloedel Conservatory (WL) 6:35pm Movie Night: Pink Panther 2 (AR)	10:15am Keep Fit with Mark (AR) 23 2:00pm Bingo (AR) 3:30pm Sing Along with Trish (WL) 4:00pm Happy Hour (WL) 6:35pm Documentary Night: Inside the Trustor Scandal (AR)	10:15am Keep Fit with Mark (AR) 24 10:45am Manuel's Music with NEW Performer: John Parsons (MLC) 2:15pm Monthly Birthday Party with NEW Performer: Joey Keys (DR) 4:00pm NEW: UBC Medical Students Present: Dermatology – Skin Health (AR) 6:45pm Thursday Night Bingo with Rachel Porte (AR)	EREV SUKKOT 25 Erev Yom Tov (Holy Day) 10:15am Keep Fit Video (AR) 3:30pm Shabbat Melodies and Candle Lighting (MLC) Light candles at 6:45 p.m.	FIRST DAY OF SUKKOT 26 Yom Tov (Holy Day) Yom Tov Guidelines in Effect All Day SHABBAT SHALOM 9:30am Morning Services (S) 12:30pm Kiddush (S) Light candles after 7:39 p.m.
SECOND DAY OF SUKKOT 27 Yom Tov (Holy Day) Yom Tov Guidelines in Effect All Day 9:30am Morning Services (S) 12:30pm Kiddush (S) Yom Tov ends at 7:37 p.m.	1st Intermediate Day of SUKKOT 28 10:15am Move & Groove with Mark (AR) 10:15am Havdalah (S) 11:00am Jeopardy! Games (AR) 1:00pm Fun Exploring Art with Sidi Schaffer (AR) 3:00pm "Wisdom & Wonder- Exploring Jewish Texts" with Rabbi Nina King- Madlem (AR) 3:30pm Tech Support: Just Ask Hubert! 6:35pm New Netflix Series: The Bombing of Pan Am 103 Ep. 4 (AR)	2nd Intermediate Day of SUKKOT 29 10:15am Move & Groove with Mark (AR) 10:45am IN MEMORY OF BASIL KALLNER z"l: Music in the Morning with NEW Performer: Amanda Andrishak (MLC) 1:00pm Food Meeting with WestCana (WL) 2:00pm Bingo (AR) 6:35pm Movie Night: The Covenant (AR)	3rd Intermediate Day of SUKKOT 30 NATIONAL DAY FOR TRUTH AND RECONCILIATION STATUTORY HOLIDAY 10:15am Keep Fit Video (AR) 11:00am NEW: A little Aloud with Jenny Glickman- Rynd (AR) 6:35pm Documentary Night: Finding Harmony: A King's Vision (AR)			