NOVEMBER 2026 ASSISTED LIVING

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 10:15am Keep Fit with Mark (AR) 1:00pm Book Exchange Club (AR) 2:15pm IN MEMORY OF BASIL KALLNER z"l: A Gift of Music: Patrizia Coletta in Performance (DR) 6:35pm New Netflix Series: My Brilliant Career Ep. 6 (AR)	2 10:15am Move & Groove with Mark (AR) 10:15am Havdalah (S) 11:00am Jeopardy! Games (AR) 1:00pm Fun Exploring Art with Sidi Schaffer (AR) 6:35pm New Crave Series: War Ep. 1 (AR)	3 Chutzpah! Festival November 3-15 10:15am Move & Groove with Mark (AR) 10:45am IN MEMORY OF BASIL KALLNER z"l: Music in the Morning with Anna de Pansacola (MLC) 1:00pm Food Meeting with WestCana (WL) 2:00pm Bingo (AR) 3:15pm Resident Council Meeting (DR) 6:35pm Movie Night: 40 Days and 40 Nights (AR)	4 ROUND THE WORLD: INDIA 10:15am Keep Fit with Mark (AR) 11:00am GORDON CHERRY PRESENTS: Vancouver Symphony Orchestra: Hometown Heroes (AR) 2:00pm Bingo (AR) 3:30pm Sing Along with Trish (WL) 4:00pm Indian- Themed Happy Hour (WL) 5:30pm Indian Dinner (DR) 6:35pm Documentary Night: Street Food Asia: Delhi, India (AR)	5 10:15am Keep Fit with Mark (AR) 10:45am Manuel's Music with NEW Performer: Luc Ferdinands (MLC) 2:15pm IN MEMORY OF JOYCE WAISMAN z"l: Thursday Afternoon Show with NEW Performer: Alan Matheson & Ila Zbarsky (DR)	6 10:15am Keep Fit Video (AR) 2:00pm RABBI SALLY FINESTONE PRESENTS: "The Gifts of the Jews: Our People's Contribution to Civilization" (AR) 3:30pm Shabbat Melodies and Candle Lighting (MLC) Light candles at 4:25 p.m.	7 SHABBAT SHALOM This Week's Parsha is Chayei Sara 9:30am Morning Services (S) Shabbat ends at 5:22 p.m.
8 10:15am Keep Fit with Mark (AR) 1:00pm Artful Moments (AR) 2:15pm IN MEMORY OF BASIL KALLNER z"l: A Gift of Music: Peter Tam in Performance (DR) 3:30pm CHRIS FRIEDRICHS PRESENTS: "Kristallnacht 1938 and Why It Still Matters Today." (AR) 6:35pm New Crave Series: War Ep. 2 (AR)	9 KRISTALLNACHT 10:15am Move & Groove with Mark (AR) 10:15am Havdalah (S) 11:00am Jeopardy! Games (AR) 1:00pm Fun Exploring Art with Sidi Schaffer (AR) 6:35pm New Crave Series: War Ep. 3 (AR)	10 KRISTALLNACHT 10:00am Kristallnacht Presentation by Lise (LBHL) 10:15am Move & Groove with Mark (AR) 10:45am IN MEMORY OF BASIL KALLNER z"l: Music in the Morning with John Parsons (MLC) 11:00am Kristallnacht Memorial Service (LBHL) 1:00pm Food Meeting with WestCana (WL) 2:00pm Bingo (AR) 6:35pm Movie Night: White Bird: A Wonder Story (AR)	11 REMEMBRANCE DAY STATUTORY HOLIDAY 10:15am Remembrance Day Ceremony (LBHL) 10:15am Keep Fit Video (AR) 11:00am A little Aloud with Marsha Simmons (AR) 6:35pm Documentary Night: Sinatra Part 1 (AR)	12 10:15am Keep Fit with Mark (AR) 10:45am Manuel's Music with OMC (MLC) 2:15pm REMEMBRANCE DAY CONCERT: Thursday Afternoon Show with NEW Performer: Dean Michael Smith (DR) 4:00pm NEW: UBC Medical Students Present: Mental Health & Dementia (AR) 6:45pm Thursday Night Bingo with Alisa Wang (AR)	13 10:15am Keep Fit Video (AR) 3:30pm Shabbat Melodies and Candle Lighting (MLC) Light candles at 4:15 p.m.	14 SHABBAT SHALOM This Week's Parsha is Toldot 9:30am Morning Services (S) Shabbat ends at 5:13 p.m.
15 10:15am Keep Fit with Mark (AR) 1:00pm NEW PROGRAM: Musical Bingo (AR) 2:15pm IN MEMORY OF BASIL KALLNER z"l: A Gift of Music: Goldie Oldie Trio in Performance (DR) 6:35pm New Crave Series: War Ep. 4 (AR)	16 10:15am Move & Groove with Mark (AR) 10:15am Havdalah (S) 11:00am Jeopardy! Games (AR) 1:00pm Fun Exploring Art with Sidi Schaffer (AR) 3:00pm "Wisdom & Wonder- Exploring Jewish Texts" with Rabbi Nina King- Madlem (AR) 6:35pm New Crave Series: War Ep. 5 (AR)	17 10:15am Move & Groove with Mark (AR) 10:45am IN MEMORY OF BASIL KALLNER z"l: Music in the Morning with Dale Nichols (MLC) 1:00pm Food Meeting with WestCana (WL) 2:00pm Bingo (AR) 6:35pm Movie Night: 9 to 5 (AR)	18 10:15am Keep Fit with Mark (AR) 11:00am Current Events with Pat Johnson (AR) 2:00pm Bingo (AR) 3:30pm Sing Along with Trish (WL) 4:00pm Happy Hour (WL) 6:35pm Documentary Night: Sinatra Part 2 (AR)	19 10:15am Keep Fit with Mark (AR) 10:45am Manuel's Music with Gustavo Herrera (MLC) 2:15pm Thursday Afternoon Show with Amanda Andrishak (DR) 4:00pm NEW: UBC Medical Students Present: Cancer Awareness & Screening (AR) 6:45pm Thursday Night Bingo with Rachel Porte (AR)	20 10:15am Keep Fit Video (AR) 2:15pm "Yiddish Songs for the Soul": Wendy Stuart, Lisa Osipov Milton and Stephen Kaplan in Performance (DR) 3:30pm Shabbat Melodies and Candle Lighting (MLC) Light candles at 4:07 p.m.	21 SHABBAT SHALOM This Week's Parsha is Vayeitzei 9:30am Morning Services (S) Shabbat ends at 5:06 p.m.
22 10:15am Keep Fit with Mark (AR) 1:00pm Fascinating Stories (AR) 2:15pm IN MEMORY OF BASIL KALLNER z"l: A Gift of Music: Brian Flanagan in Performance (DR) 6:35pm New Crave Series: War Ep. 6 (AR)	23 10:15am Move & Groove with Mark (AR) 10:15am Havdalah (S) 11:00am Jeopardy! Games (AR) 1:00pm Fun Exploring Art with Sidi Schaffer (AR) 6:35pm New Crave Series: War Ep. 7 (AR)	24 10:15am Move & Groove with Mark (AR) 10:45am IN MEMORY OF BASIL KALLNER z"l: Music in the Morning with 2-4-U (MLC) 1:00pm Food Meeting with WestCana (WL) 2:00pm Bingo (AR) 6:35pm Movie Night: Reagan (AR)	25 10:15am Keep Fit with Mark (AR) 11:00am A little Aloud with Jenny Glickman- Rynd (AR) 2:00pm Bingo (AR) 3:30pm Sing Along with Trish (WL) 4:00pm Happy Hour (WL) 6:35pm Documentary Night: Who is Martin Mull? (AR)	26 10:15am Keep Fit with Mark (AR) 10:45am Manuel's Music with Luke Sandford (MLC) 2:15pm Monthly Birthday Party with NEW Performer: Steven Marriott (DR) 6:45pm Thursday Night Bingo with Rachel Porte (AR)	27 10:15am Keep Fit Video (AR) 2:00pm Tea with Rabbi Stein (DR) 3:30pm Shabbat Melodies and Candle Lighting (MLC) Light candles at 4:01 p.m.	28 SHABBAT SHALOM This Week's Parsha is Vayishlach 9:30am Morning Services (S) Shabbat ends at 5:01 p.m.
29 10:15am Keep Fit with Mark (AR) 1:00pm Words in a Word (AR) 2:15pm IN MEMORY OF BASIL KALLNER z"l: A Gift of Music: Ronald Sat & Szu-Wen Wang in Performance (DR) 6:35pm New Crave Series: War Ep. 8 (AR)	30 10:15am Move & Groove with Mark (AR) 10:15am Havdalah (S) 11:00am Jeopardy! Games (AR) 1:00pm Fun Exploring Art with Sidi Schaffer (AR) 3:00pm "Wisdom & Wonder- Exploring Jewish Texts" with Rabbi Nina King- Madlem (AR)	LOCATION Activity Room (AR) Dining Room (DR) Louis Brier Homeside Lounge (LBHL) MLC (MLC) Synagogue (S) Weinberg Lounge (WL)				WEINBERG RESIDENCE